

From: Central Service Area Authority (CSAA)

To: LAC's in Central Montana Date: December 15, 2014

Your Local Advisory Council (LAC) was granted end of year funds in June 2014 by the CSAA Board of Directors. This was contingent on a report detailing how the CSAA funds are going to be used to benefit your community. We are pleased to be able to assist and support your efforts again this year. If you are a newly established LAC, please share your accomplishments to date in order to be considered for funding this fiscal year.

Please complete this form and return to president@centralsaamontana.org

• To be considered for any future funds we need your answers by March 1, 2015.

## **Contact Information**

LAC Name:

HAVRE-HILL COUNTY LAC

Primary Contact Person:

**AMBER SPRING** 406-265-3783

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AMANDA CHRISTOPHERSON

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If checks are written, to whom should they be made out?

Name:

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Mailing Address City, State Zip:

**BULLHOOK COMMUNITY CLINIC** 

ATTN: DEBBY KNUDSON, LAC TREASURER

521 4<sup>TH</sup> STREET HAVRE. MT 59501

## Please answer the following questions;

1. How did your LAC use the funds last year or how do you anticipate using them?

Funds from the CSAA contributed to the development of our website:

<a href="http://www.hillcountylac.com/">http://www.hillcountylac.com/</a>; providing t-shirts and handouts on mental health stigma for use in the annual Festival Days parade in September, assistance with posters for the High School's Suicide Awareness week, and training a trainer in Mental Health First Aid (travel, registration, per diem, etc.)

- 2. If your LAC were to again get funds what would you hope to accomplish or do with those funds? The LAC discussed this question at our last monthly meeting and believe our top 3 challenges are:
- 3. How many meetings will you have in your fiscal year?

The Havre-Hill County LAC meets monthly (12 meetings per year). We also participate in the Hill County Health Consortium, which meets quarterly (4 months per year). We are beginning to develop 3-4 working groups which will meet as needed in addition to the regular monthly meetings.

4. How many active members are in your LAC?

We have regular participation in our monthly meetings of about 15-20 community members. Our email database includes about 50 community members.

5. What are your top three priorities?

The LAC discussed this question at our last monthly meeting and believe our top 3 priorities are:

- 1. Continue efforts to develop a peer support network
- 2. Collaborate efforts to increase community awareness on mental health issues and decrease stigma by continuing to support and offer trainings to the community (such as Mental Health First Aid, QPR, etc.) as well as support and or implement awareness campaigns (such as suicide prevention day, mental health awareness month)
- 3. Continue efforts to increase assess for those experiencing mental health crises
- 6. What are your top three challenges?

The LAC discussed this question at our last monthly meeting and believe our top 3 challenges are:

- Increasing the diversity of community members participating in LAC efforts: we
  have very few consumers or secondary consumers in our group, no participation
  from the hospital, little participation from the public school system and very little
  participation from our elected representatives. We will continue to work on
  increasing participation from new community members and agencies as well as the
  people mentioned above.
- 2. Access to mental health crisis services
- 3. Children's mental health services