

MENTAL HEALTH LOCAL ADVISORY COUNCIL

February 11, 2013 - MINUTES

In attendance: Members present: Susan Wordal, Jan Bjork, Shelly Johnson, Betsy Garrigues, Tom Peluso, Lori Marchak, Matt Kelley, Jacob Wagner, and Jason Donin.

Members absent: Jerrold Johnson, Honora Ganey, JoAnne Naro, Sally Miller, Sgt. Jim Anderson,

Advocacy Members present: Rick Gale, Andrea Lower, Pierre Martineau, Jill Brodin, Scott Malloy

Guests: Shirley Kaufman, Renee McLendon (Altacare, NAMI), Kristi Rydeen (AMDD),

Staff: Glenda Howze

- 1. Welcome and Introductions.**
- 2. Public Comment on Matters Not on the Agenda:** Mr. Gale announced the Veteran Stand Down on June 15th at the Fairgrounds.
- 3. Approval of Minutes December 10, 2012 and January 14, 2013:** Ms. Bjork made a motion to approve the minutes of December 10, 2012 as presented. Mr. Donin seconded the motion. All voted aye. Motion carried unanimously. Ms. Marchak made a motion to approve the minutes of January 14, 2013. Ms. Bjork seconded the motion. All voted aye. Motion carried unanimously.
- 4. Approval of Revised By-Laws (approved by Commission on 1/29):** Chair Wordal explained that the Commission approved the bylaws on January 29th with a change to the quorum that allows for a lower than 50% requirement. Mr. Peluso made a motion to approve the bylaws as presented. Ms. Marchak seconded the motion. All voted aye. Motion carried unanimously.
- 5. Report from A. Lower on SAA Summit and Reporting Form:** Ms. Lower stated that our reporting form and a version created by AMDD was discussed. Ms. Deb Mettucci wants one common form from all LAC's. Per statute the LAC's report to MHOAC and the SAA's collaborate with AMDD. Mr. Peluso stated that this doesn't make sense to have the LAC's reporting to MHOAC. Ms. Lower stated that they are thinking of using a survey monkey instead of a reporting form. It will be at least 6 months until finalization. Ms. Rydeen stated that they are not just trying to gather information, but that information will be going out to others and will be used to help each other and help new LAC's get formed.
- 6. Discussion Regarding Priority Sheet: #1)** Ms. Brodin explained that the food issue was an attempt to have more meals provided. Now the Community Café is open and offering nightly meals, the Salvation Army provides breakfast and sack lunches, the Homeless Outreach Coordinator is doing a Sunday meal, and the Center has a hot plate and microwave. They have moved away from food provision as a priority. The transportation piece has also been addressed for the most part and can be moved into a "monitor" stage. **#2)** The Bazelon study suggested DIC's should trend away from diagnosis specific support groups and focus more on social/community integration groups. They are working with the Montana Peer Network on various groups. Mr. Peluso stated that we need to have more support groups in other locations such as on campus, at the library, etc. *(added to the sheet). **#3)** Mr. Malloy stated that the Mental Health Center has been very proactive with law enforcement to get a Mobile CRT (Crisis Response Team) up and running. A Task Force is working on this that includes the Bozeman PD, Sheriff's Office, Commissioner Skinner, Mental Health Center, and the Help Center. Currently they are working on how to fund a Mobile CRT and trying to decide where to locate it. The team would probably operate 3PM to 3AM and the days of the week will be negotiated. The start-up is about 6-9 months out. Mr. Malloy also noted that the mental health services in the jail will be changing as well. As of July 1 the services will cease except for one $\frac{1}{2}$

time staff. The grants will be done at that point. Currently there are 2.25 FTE. The MHC and jail will work on getting creative with funding but the positions may have to be vacated. #4) Jen Collins is the Homeless Outreach Coordinator. Her position ends June 30 as well. They are looking at funding and possibly reducing the position to less than 40 hours/week. Mr. Malloy was asked by GGHAC to apply for the grant and the MHC has housed the position. Now it is time to get community support for the outreach person.

Priorities 5-10 will be saved for discussion at the next meeting.

- 7. Discussion Regarding Multi-Jurisdictional Efforts on Stigmatism and Education:** Mr. Donin stated that he is very concerned about this and has some ideas on things that can be done to help. 1) Hold a wellness or "awareness" Fair. This could be done with the Hospital, Health Department, and other entities to increase awareness. 2) Advertising campaigns - would need to address cost. Could do billboards, or other highly visible advertising. Repetition helps in reducing stigma. 3) Schools - high school and middle schools, talk to kids at these ages - if you get to them young, the possibilities are endless. 4) More access to the public - this is the internet age. We could start a Facebook page - it is free, place links on it for further information and is a way to reach the younger ages as well. Mr. Donin explained that he has talked to people at MSU and to the ASMSU President who is also a consumer. Mental Health Awareness week on campus is February 25-March 1. Suggested that we establish a "Faces" campaign of community members, staff, etc. who will "come out" and let people know their challenges. The goal is to also let people know about assistance and how to access it. Ms. Marchak stated that she would like to put an ad in the newspaper asking for success stories - people willing to share their story about their mental health and how they dealt with issues that could be published. Mr. Wagner stated that "In Your Own Voice" does just this. Mr. Peluso stated that we need to have a person/people to contact and a team in place for this to happen.

Ms. Brodin stated that the Community Health Improvement Plan is working on a de-stigmatism plan. They have a high school group and it encourages or requires mental health to be one of the offered modules by the Health Teacher. Bozeman Deaconess Hospital pays for a health teacher for the schools. There is a link to "Healthy Connections" on the Bozeman Schools website under Students and Parents: http://www.bsd7.org/students_parents/healthy_connections/. Mr. Peluso also noted that NAMI has trained some folks to present to teachers the "Parents and Teachers as Allies" program. They are also working on getting the program accredited. Chair Wordal stated that an ad executive may be willing to carry the ball on helping to get the word out. PSA's are big and usually no charge. Ms. Brodin also suggested contacting Amber Guth at Speedy Print/Insty Print as she has a lot of advertising connections. Renee McLendon, Lori Marchak, Jason Donin and Tom Peluso will continue work on this topic.

- 8. Other:** Ms. Johnson announced that ADSGC is now offering services in Big Sky beginning on February 21st in addition to West Yellowstone. A group called Women in Action was instrumental in bringing the services to Big Sky. They will be operating every Thursday from 10-5.
- 9. Next Meeting Agenda:** Priority table.