



HILL COUNTY

Mental Health Local Advisory Council

*Agenda
December 14, 2015*

Call to order Crystal Laufer

Roll call and introductions: Amanda Christofferson, Adam Sessions, Ben Jennings, Cindy Smith, Crystal Laufer, Jennifer Jenkins, Michael Wendland, Sharon Dolph, Carolyn Staples

Approval of last month's minutes: Cindy motioned, Ben 2nd: motion passed

Treasurer's Report – \$7,297.79

Old Business

- Mental Health First Aid & Youth Mental Health First Aid
 - The training will be free until the \$ runs out
 - Blaine County is interested in doing a training
 - Fliers, Brochures and Upcoming Dates for trainings have been handed out to meeting participants
- AMDD Report – No report, Jane was unable to attend
- CSAA Report
 - The CSAA is working on developing a workplan and reviewing the bi-laws
 - A standard monthly report is in the process of being created that each local LAC would complete- Amanda will make a survey monkey and send out with the questions
 1. Essential needs, listing out and what do we need help with
 2. Community needs assessment, date and who to contact
 3. Inventory on county resources
 - Dec 18th the meeting is via tele-, everyone is welcome to attend at MSUN
 1. Cindy will forward information along for invitation to attend.

Partner/Program Updates:

- **NAMI**
 - The state and Crystal have Monthly Calls to discuss challenges, ideas, and objectives
 - Havre is working towards gaining 501c3 status
 - If 501c3 status is gained they will be able to fundraise and apply for grants
 - Looking for board members, at this time there are three local participants
 - It was recommended that Crystal meet with Bear Paw Development for assistance with the 501c3 planning and application process
- **Hill County Commissioners**
 - Mike Wendland sits on the board for the Center for Mental Health in Great Falls
- **Bullhook Community Health Center**
 - Bullhook has hired a Psychiatric Nurse Practitioner and she will be starting in February.
 - Bullhook continues to serve patients with substance issues through tele-health and face to face. It is hard to gain participation for the tele-health from clients.
 - A LAC intern is in the high school two days a week and one day at the alternative school.

- **Veterans Clinic**
 - Group is Fridays 100-230 at NMH Conference Room
 - Vet-2-Vet Peer Support is in the process of starting, the veterans are in the process of becoming trained
- **Detention Center Grant**
 - The money for the grant services (counseling) needs to be spent by June
 - The goal of this grant is to provide counseling to the inmates which will hopefully reduce recidivism
 - Bullhook Health Center will provide 1/1 and assessments
 - Carolyn will provide group sessions
- **Center for Mental Health**
 - Working on starting a Co-Occuring group in January
 - Sandy focuses on outpatient and DBT
 - Suzy focuses on Day Treatment
 - The center will need more case managers soon for loss of employees

<u>Dual Recovery Group</u>	<u>Peer Lead</u>	<u>Thursdays 2:00 – Timmons’s in Courthouse</u>
<u>Vet 2 Vet Group</u>		<u>Thursdays 7:00 – Alano Club</u>
<u>Vet Group</u>		<u>Fridays 1:00 – NMH</u>
<u>DBT</u>		<u>Center 4 Mental Health</u>
<u>Anger Management</u>	<u>Facilitated</u>	<u>Wednesdays 3:00</u>

New business

- **Work Groups -**
 - Community/School Engagement – working on resource directory
 - Community Assessment (Evidence Based Screenings) – working on scripting for calls to the providers and organizations in town
 - Peer Support – grant opportunity if the group is interested, they would need to find an umbrella organization
- **Meeting request for Middle School:** Amanda will make arrangements with Sami Pierson for a January meeting, the meeting time will be changed for this meeting

Adjournment: Next Meeting: January 11: Bullhook CHC

<i>Dates to Remember ...</i>		
<i>Youth Mental Health First Aid</i>	<i>December 18</i>	<i>Lindsey Reichelt</i>