

## Call to order (Chair)

## **Roll call and introductions:**

Approval of last month's minutes: Crystal motioned, Ben 2<sup>nd</sup>: motion passed

Treasurer's Report - \$7,885.87

## **Old Business**

- ☐ Mental Health First Aid & Youth Mental Health First Aid
  - o Curtis and Lindsey both need books, they will get ahold of Cindy or Amber to order
  - o Amanda will email the brochure and registration to the committee for distribution
  - o Amanda will copy the brochure and distribute in the community to include the schools
  - o Amanda will add the calendar to the brochure and flier
  - o Amber will share the information about the trainings with the ECIT team
  - Curtis will be doing MHFA with the residency students on January 8
  - Curtis will be doing MHFA with the court, white sky hope center and law enforcement on December 11
- ☐ AMDD Report No report, Jane was unable to attend
- □ CSAA Report
  - The CSAA is working on developing a workplan and reviewing the bi-laws
  - A standard monthly report is in the process of being created that each local LAC would complete
    - 1. Essential needs, listing out and what do we need help with
    - 2. Community needs assessment, date and who to contact
    - 3. Inventory on county resources
  - o Amanda will send the resource directory to Andrea W in Missoula
  - Working on discharge planning for state hospitals, the state hospital is overcrowded and overcapacity
  - o Havre does not have a crisis response team
  - \$ is available for tribal communities if they want to develop a LAC
    - 1. <u>Amanda will send the contacts of those individuals who have attended in the past</u> from Rocky Boy or Box Elder to Curtis
    - 2. Curtis will reach out and see if they are interested in starting a LAC
  - o A tool kit is available for LAC's Jane Wilson should have this resource
    - 1. Amanda will forward Jane Wilsons information onto Curtis
  - o CSAA is developing a plan for monthly trainings
  - o Dec 18<sup>th</sup> the meeting is via tele, everyone is welcome to attend at MSUN
    - 1. Cindy will forward information along for invitation to attend.
- ☐ Media / PR
  - o Website
    - 1. Amanda will work on uploading minutes
    - 2. Amanda will work on uploading event calendar
    - 3. What do we want to have on the website???

- Facebook-
  - 1. We need to get more involvement, share with your friends/family
- Monthly Articles-
  - 1. <u>Amber will send the topics and recommendations to the HCHC and Amanda for input</u>

## Partner/Program Updates:

#### □ NAMI

- NAMI walk raised over \$157,000
- Havre requested training or facilitators for Family2Family
- o NAMI would like to move their meetings to Bullhook
  - Ron and Amanda will check schedule to see if a room is available
    - Dec 8<sup>th</sup> 5:30

<u>Dual Recovery Group</u>	Peer Lead	<u>Thursdays 2:00 – Timmons's in Courthouse</u>
<u>Vet 2 Vet Group</u>	Peer Lead	Thursdays 7:00 – Alano Club
<u>Vet Group</u>		Fridays 1:00 – NMH
<u>DBT</u>		Center 4 Mental Health
Anger Management	<u>Facilitated</u>	Wednesdays 3:00

Amanda will work on adding	these to the	resource	<u>directory</u>	<u>∕ that the</u>	<u>Communit</u>	<u>y/School</u>
Engagement committee is w	<u>orking on </u>					

- □ Please send any other information regarding groups to Amanda Christofferson
- Amanda will forward fliers for groups to the MH-LAC
- □ SAFE ZONE training will be facilitated by Amber Spring at MSUN, please contact her to learn more information. This training is a 2-part module for becoming a safe area for LGBTQI individuals
- □ Montana Peer Network accepting applications for training according to their website
  - o Adam is interested in training, *Amanda will assist with the training request*

#### **New business**

# ☐ Work Groups -

- Community/School Engagement
- Community Assessment (Evidence Based Screenings)
- Peer Support
- o Amanda will come up with a schedule to have regular meetings and email everyone

## □ Community Grant

- Accept applications year round, Grants range from \$500-\$1000
- This would be a good grant to keep in mind for future events or resource directory funding
- ☐ Meeting request for Middle School: Amanda will make arrangements with Sami Pierson for a January meeting, the meeting time will be changed for this meeting

Adjournment: Next Meeting: December 14th: Guadalajara's

Dates to Remember					
Mental Health First Aid	November 20	Curtis Smeby			
Youth Mental Health First Aid	December 18	Lindsey Reichelt			