



Call to order (Chair)

Roll call and introductions: Adam Sessions, Amber Spring, Cindy Smith, Crystal Laufer, Jennifer Jenkins, Melissa Stokes, Ronald Kling, Sharon Dolph, Sherry Kegel, Sandy Derry

Approval of last month's minutes: Crystal motioned, Jennifer Jenkins 2nd, motion passes

Treasurer's Report – \$7,899.72

Old Business

- Mental Health First Aid & Youth Mental Health First Aid
 - MHFA was cancelled due to #s of registrants
 - Please share the information for these trainings with your colleagues, and groups that you are involved in. This is a community training and anyone can do it.
 - This training is especially helpful for those who stigmatize or don't understand mental health.
 - Apply for CEU's (by January), add to flier if already applied.
 - Advertising: Radio, newspaper with PSA and About Town
- AMDD Report – nothing to report, Jane was unavailable for meeting
- CSAA Report (Central Service Authority Administration)
 - Met in Helena in September to develop a work plan
 - Possible new tasks for Mental Health LAC's will be to complete monthly report forms

Partner/Program Updates:

- NAMI- National Alliance of Mental Illness
 - Membership applications, brochures, are available with Crystal
 - Meetings are the last Tuesday of each month at 530 in the Hill County Library
 - Family 2 Family – to be facilitated by someone impacted with mental illness within their family
 - Educational Group Program
 - 12 weeks, 2hours each week
 - Topics include: guilt, shame, denial (pertaining to mental illness)
 - NAMI is an excellent resource for all families of those impacted by mental illness
 - May of 2016 will be a state conference
 - In Our Own Voices is a video/live presentation available to communities to help break stigma and spread awareness for mental health
- Bullhook Community Health Center
 - Applying for a HRSA Expansion grant that would allow for school based services, additional addiction services as well as a Medicated Assisted Treatment (MAT) Program
 - The MAT Program is evidence based. Individuals coming from a controlled environment to an outpatient treatment facility will need assistance with Rx, Case Management, Addiction Counseling, Mental Health and Physician Support.

- There are no local providers willing and/or educated in the MAT Model, therefore this is a needed program. The state of Montana supports the application for grant funding and will assist with development.

New business

- Media / PR
 - Website
 - Add the Facebook link
 - Add Resources
 - Facebook
 - Events
 - Monthly Articles
 - Amber will email consortium and ask if any other subcommittees would be interested in doing articles
- Work Groups – Amanda will email each workgroup with deliverables and contacts
 - Community/School Engagement – focuses on awareness and events, will be developing a resource guide
 - LGBTQ – “My life in pink” is a good video on Netflix to watch
 - Community Assessment (Evidence Based Screenings) – contacting local clinics, hospitals to see what Evidence Based Screenings are being utilized, and developing script to collect data to see how/what is being done with the screenings
 - Peer Support –
 - Adam Sessions is a peer who has experience with dual-recovery and would like to start peer coaching and support service.
 - Adam has spent numerous hours researching the peer support models and has created two binders for reference (Available to checkout with Amanda)
 - Adam believes peer support can have a substantial impact on an individual in recovery
 - Montana is working on developing certification
 - Montana is looking into reimbursement rates for services rendered
 - The Mental Health – Local Advisory Council is available to help with training and funding
 - Montana Peer Support Network (MPN) – offers trainings – Amanda will look and see if there are any upcoming scheduled
 - Havre VA clinic has peer support program – Sharon Dolph can share information
 - Amanda will reach out to the MPN to schedule another local community training

Adjournment: *Next Meeting: November 9th: Location HHS*

<i>Dates to Remember ...</i>		
<i>Mental Health First Aid</i>	<i>November 20</i>	<i>Curtis Smeby</i>
<i>Youth Mental Health First Aid</i>	<i>October 23 December 18</i>	<i>Lindsey Reichelt</i>