

Jefferson County Mental Health Local Advisory Council
MINUTES

January 4, 2017

ATTENDANCE:

Commissioner Bob Mullen, Pam Hanna, Millie Armstrong, Kathy Rux, Molly Carey, Kenny Bell, Barb Reiter, Brooklyn Leary, Jenna Radowski, Joe Michaud, Karen Wandel, and Kelly Hanna.

I. CALL TO ORDER: 2:01 pm

II. AGENDA: The agenda was approved.

III. MINUTES: Kathy made a motion to approve the minutes from the December 7, 2016 meeting. Bob seconded the motion. All in favor, motion carried.

IV. SUBCOMMITTEE REPORTS: None at this time.

V. OLD BUSINESS:

- a. **Budget and Claims:** None at this time.
- b. **Correspondence:** Molly reported that she received an email announcing the next Madison County MHLAC meeting on February 7, 2017 from 2:00 pm – 4:00 pm in Virginia City.
- c. **Local Advisory Council By-Laws:** The Jefferson County Mental Health Local Advisory Council By-Laws were presented for adoption. Barb suggested a change under Section 1, part g to read "Prevention" instead of "Preventative". The change will be made and the By-Laws will be submitted to the Jefferson County Commissioners for approval. It was discussed to add a member to include someone between the ages of 15 – 24. It was decided to not add another member, but rather welcome a public member from that age range. Bob made a motion to adopt the By-Laws as presented with the suggested change. Barb seconded the motion. All in favor, motion carried. Molly will make the change and forward the By-Laws to Bob.

VI. NEW BUSINESS:

- a. **Kelly Hanna – Communications Update:** Kelly presented different options that are currently available to accommodate remote attendance to future meetings. He introduced various tools and programs that can be used by council members to communicate. He explained HipChat that can be used amongst council members to stay in touch with each other. He also described opportunities available through Google Hang Out and Google Calendar. The Calendar could be shared among members and could post dates of trainings, meetings and other pertinent events. Hang Out has the capability for video conferencing and could be used for remote access for meetings. Kelly was unable to connect to the screen in the conference room, so he will continue researching options and put together a more formal presentation.
- b. **Brooklyn Leary – Guest Speaker:** Brooklyn was introduced as a sophomore from Jefferson High School. She was interested in joining the council and would like to further research depression and what it looks like to high school students. She expressed concern that while there have been suicides in the student body, no one is helping students understand and identify peers who may be struggling with depression. Pam Hanna, Jefferson County School Nurse, presented information that included resource lists for teachers and a pamphlet about suicide for parents and other adults. Joe Michaud, Jefferson High School Counselor, estimated that 90% of the reports to him are made by concerned students. He introduced Jenna Radowski from Altacare. She works in connection with Joe at Jefferson High School. It was suggested that posters be put up around the school to identify different signs of depression. Kenny Bell suggested that Brooklyn spearhead a student committee to develop those. Brooklyn was invited back to the next meeting and will report on her efforts for developing a youth committee to work towards recognizing depression. This committee can then approach the council for assistance with potential projects.

VII. PUBLIC COMMENT: Barb announced that she had participated in Crisis Intervention Training. She said it's focused towards law enforcement, but she'll forward the training information to council members.

VIII. NEXT MEETING: The next regular meeting has been scheduled for February 1, 2017 at 2:00 pm in the Meeting Room of the Montana City Volunteer Fire Department.

Kelly made a motion to adjourn the meeting at 3:02 pm. Bob seconded. All in favor, motion carried.

IX. MEETING EVALUATION

a. Meeting started on time: Yes

b. Meeting ended on time: Yes

c. Addressed all items on the agenda: Yes

d. Discussed issues and came to decisions: Yes

e. Gave everyone opportunity to express themselves: Yes

Minutes approved by Jefferson County Mental Health Local Advisory Council.

Kelly Hanna, Council Vice-Chair

Date