

Local Advisory Committee Meeting Minutes
March 14, 2016
2:30 p.m.

Opening of Meeting

In attendance: Jacqueline Isaly, Clare Lemke, Kenny Bell, Maya Howell, Jaime Grundner, Emily Post, Clint Tinsley, Sandy Glenn.

Treasurer's balance: \$2106.93

Kenny requested that we look at the bylaws to determine what number makes a quorum.

Emily will email current board member list.

Maya Howell requested discussion later in the meeting about how to spend board's money.

Jaime provided status update on Mental Health Center.

New location. 1315 West Crawford on old hospital campus. Rent free until they can get out of the current lease.

Current services APRN Rebecca is here every Tuesday for med management.

Therapy hours have decreased, case management hours have increased.

Cannot bill Medicare so not serving that population.

Bringing the Beacon program here to Livingston. Jill Loader will start with a case load of 7.

Patients must have SDMI diagnosis with case manager. Must have Medicaid insurance. Private insurance doesn't cover it.

IMR Group will begin shortly (Illness, Management, Recovery).

Still providing services to detention center here in Livingston.

A summary of services at Livingston Mental Health Center:

- Outpatient therapy
 - The mission of outpatient therapy team is to provide counseling and therapy services in a safe and supportive environment for a diverse population including individuals, families, and couples. We aim to assist clients (youth and adults) in their pursuit of goals related to mental health, relationships, and wellness through a collaborative process built on trust, respect, and integrity.
 - Therapists: Hilary Piel, MS-IT; Heidi Marks, LCPC
 - We are currently looking to add a licensed clinical social worker to our staff to work in our Bozeman and Livingston offices to address the recent increase in demand of Medicare clients.
- Comprehensive School and Community Treatment at Park High School

- CSCT is a high-intensity therapeutic program offered in the school setting through a partnership between a licensed mental health center and a school.
- The CSCT staff work in partnership with the family, the child, and others (school staff, primary care providers, and other health providers) to support each child to recover from the impacts of mental illness and be successful in school, at home, and in the community.
- CSCT therapist at Park High: Leslie Wechsel, MSW-IT
- Behavior specialist: vacant as of 1/22/16.
- Adult Case Management (ACM)
 - For individuals 18+, Case management includes assessing the client's mental status, monitoring the client's ability to function in the community, supporting the client in efforts to remain stable, planning treatment goals and future needs, linking the client to community resources, and/or outreach to determine the client's status and needs.
 - Adult Case Managers: Marcy Vallier, Tanya Calhoun
- Day Treatment and Drop In Center
 - At the new office, these two programs will continue to operate, through a refined service delivery model than was offered at the previous site. The program is recovery based and provides free peer to peer support for adults, light lunch, and structured groups. Client of Drop In Center are welcome to attend groups and events regardless of their connection to LMHC. The times for the program is as follows: M, W, F 10am-4pm and T/Th from 10am-2pm.
 - Staff: Amber Martinson, (manager of Day Tx and DIC), Nancy Carty and David Rindos
- Psychiatric/Medical services
 - For people 18+, we provide comprehensive medical management of mental illness with a team consisting of a psychiatrist, psychiatric nurse practitioner, and psychiatric nurse. Physician services may include assessment, medication management, psychotherapy and coordination of care; nursing staff may provide assessment, triage, coordination, education and assistance with medication compliance.
 - Psychiatrist: Bruce Swarny, MD (in LMHC office Mondays; at Livingston Healthcare Wednesday/Thursday)
 - Psychiatric Nurse Practitioner: Rebecca Bourret, APRN (in LHMC office Tuesdays)
 - Nurse: Nicole Madden, RN (in LMHC office Tuesdays)
- Crisis Response Team (CRT)
 - Crisis response services are provided by an on-call Mental Health Professional who covers Gallatin, Park, and Madison counties. Through coordination with the Help Center (211 or 586-3333) the CRT member conducts evaluations for youth and adults at Livingston Mental Health Center, Hope House (18+), Bozeman Health Deaconess Hospital, Gallatin County Detention Center, Livingston Healthcare, and Park County Detention Center. To reach them, contact the Help Center; go to the nearest Emergency Room (youth and adult), or Hope House (18+)
 - CRT staff at Bozeman Health Deaconess Hospital 8-5 Monday through Friday: John Karath, LCSW
 - On-Call CRT staff (one on shift at all times): Michelle Burkhart, LCPC; Becky Kronske, LCPC; David Powell, LCSW; Adrian Utsch, LCPC; Lisa Williams, LCPC, LAC.
- Hope House (in Bozeman)

- For people 18+, we provide crisis stabilization to those suffering from a mental health crisis in a safe, therapeutic environment. Individuals receive medication management through an on-site Psychiatrist/psychiatric nurse practitioner. In addition, individuals can receive individual, group, and family therapies, peer support, nursing, and case management. Hope House has eight voluntary crisis stabilization beds and two emergency detention beds. Entry into the facility is decided by the Crisis Response Therapists in conjunction with an individual's treatment team.
- Staff: Hope House Manager: Shannon Maroney, LCSW
- 24-hour Crisis Stabilization Workers: varies
- **Beacon Employment Services (new addition in Livingston!)**
 - For individuals 18+, our supported employment service promotes workplace inclusion for people with disabilities to eliminate barriers and embrace diversity with the belief in personal choice and equal opportunity for all individuals.
 - This program has been offered in Bozeman with great success and we are proud to begin these services in Livingston now.
 - Beacon Staff: Jackie Campbell, Jill Yoder, Taylor Bear Medicine
- **Integration of Behavioral Health into Primary Care**
 - I see from the minutes that Ted spoke about recent grant awards from the Montana Healthcare Foundation focused on how to begin the conversation about integration and collaboration across sectors. The Livingston Mental Health Center was a key driver in the grant writing process for our larger organization (Western Montana Mental Health Center) to bring the National Council on as a resource to support us in the endeavor of learning more about what this type of service delivery model can mean for our communities. Livingston was chosen as the location for our pilot site and we are excited to work closely with our collaborators at Community Health Partners, Livingston Health Care, and the Park County Health Department to develop an integrated approach that meets the unique needs of our community. We cannot do this project alone and it fits right into the collective impact work we have begun in other areas of our community. It will hopefully allow us to confront the barriers to accessing mental health care that arise from stigma, fear, lack of relationship with us as a provider, etc.

Ellie, my team of managers, and I will be in Missoula for the initial training with National Council on March 16-17, sadly we will be absent from the next scheduled meeting for this group. Hopefully we will have additional information to share about the Livingston portion of this grant at the following meeting.

- **Mental Health Services within Park County Detention Center**
 - LMHC currently provides therapy, ACM, and Med Management services within the Park County Detention Center on an as needed basis. Our full time staff member, Ryan Schwartzmeyer from Gallatin County Detention Center, works closely with both Counties to coordinate efforts between the two DCs to ensure inmates with mental health concerns are receiving the appropriate treatment.

Jaime presented Q1 and 2 numbers for Crisis Response Team. Provided 109 evaluations in Park County in Quarter 2 compared to 1000 evaluation in Bozeman in the same quarter. Said there has been discussion

Clare asked about status update of healthy lifestyles group.

Jaime responded that the group is no longer operating.

Ray discussed inner child group that is getting together.

There is a mindfulness group also, coordinated by staff of Drop-in Center.

Day treatment and drop in center are combined. Jaime described billing system.

Drop-in Center still provides lunches. About 9.5 people use the services daily. Core group of individuals.

Mental Health Month is coming up. A mental health first aid training will be offered at the beginning of May. QPR Question Persuade Prefer, training will also be offered. Resiliency Training will be in May. – Put on by May 11,

Adverse Childhood Experiences Trainings in April put on by County Health Department, Juvenile Probation, and Graduation Matters.

April 14th Paper Tigers Showing put on by County Health Department, Juvenile Probation, and Graduation Matters.

Discussion about how to use LAC funds.

Maya suggested using funds to support these trainings.

Jacqueline suggested using some of the funding for signs of suicide booklets.

Maya stated there is value to get school staff some quality training.

Carl Rosten also stated that he'd come to Park County to provide training. Assist training potentially.

Clare asked whether QPR training be provided a few times.

Discussion about interest for student trainings to be sponsored.

Jacqueline provided statement that a student training program should be sustainable for years to come so that a few students per year could be trained.

Maya made a suggestion about potential for book club. *All the Bright Places*, Jennifer Nivens

Next meeting April 11, 2016.