



Central Service Area Authority Board Meeting

centralsaamontana.org

January 25, 2019 10 am- 1 pm
Helena, MT

All Central Service Area Authority (CSAA) Board meetings are open to the public.

PUBLIC COMMENT STATEMENT: In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment

Statutory purpose: *To collaborate with the AMDD and LAC's, to promote consumer and family leadership, and to foster individual choice and access to a continuum of mental health services in the Central Service Area.*

Statutory duties: *(1) Collaborate with the AMDD on the planning, implementation and evaluation of the mental health system. (2) Submit a biennial review and evaluation of mental health service needs and services within the service area. (3) Review and monitor crisis intervention programs within the service area.*

CSAA Minutes

I. Meeting called to order: The meeting was officially called to order at 1005am by Matt Furlong.

Board Members present: Andrea Lower, Matt Furlong, Ray Roberts, Curtis Smeby-Hill Co, Tom Peluso, Shirley Kaufman, Michael Stevenson, Michelle Marshal, Jane Wilson, Tina Mord

Absent: Crystal Evans, (Molly Protheroe and Jacqueline Isaly have resigned)

AMDD:	Kenny Bell
Children's Services:	not present
MH Ombudsman:	Dennis Nyland
Board of Visitors:	not present

Meeting Minutes: Jennifer Fauque has kept minutes on computer. Andrea will get information up to date from the last couple of months and send out by email. Possible vote by email to get caught up.

Treasurer's Report: Tom shared October, November and December expenses. There is a balance never reconciled per WMMHC for \$7334.70 showing on the account for FY17. Matt motioned to approved the Treasurers reports for October/November 2018, Jane seconded. Motion carried. The state will be notified about the FY17 discrepancy, and WMMHC will review for next CSAA meeting.

Discussion of previous CSAA Meetings & Participation

Matt brought up issues with keeping membership. Andrea spoke w/ members from Park County to garner a participant from Livingston LAC. Tom mentioned that he has spoke w/ a representative from BDH about joining. The Exec Comm will be sending out a memo to share with LACs. Michelle asked about sending out a copy of the application to share with those who want to join. Matt shared the L&Clark resource guide that they created. Tom suggested sharing template with Cascade and Hill County. Jane talked about membership on the newly formed LAC in Cascade County now under the Commission. Jane mentioned having 50/50 Board and covering different areas. She discussed farming and the needs in that community. Tina suggested using Extension agents. Curtis discussed the effort out of MSU-Bozeman to get information out to communities.

2018 Wrap Up

Approximately \$20,000 has been given out in mini-grants to the different LACs.

Congress follow up: Peer Support, crisis response Medicaid expansion. Discussion was held regarding sharing information vs. lobbying when attending the Legislature.

Summit Meeting follow up: Other SAA's are facing similar issues.

Membership and Upcoming Elections

Andrea will share the spreadsheet Tom has created w/ the Board to see the vacancies.

Strategic Work Plan

Matt mentioned working on this with the other SAA's. Andrea suggested using Cindy's spreadsheet for month to month activities for CSAA but have a statewide LAC/SAA plan. Tom addressed that planning is required under our current contract. He continues to express frustration with collaboration with the state in a strategic plan. How we can provide services is broken down. Matt mentioned again the crutch with being able to speak out for/against concerns in the Governor's budget when you are a state or government employee. We should all be able to have a voice, and the strategic plan should help. Tom asked that Andrea send out the 2 previous strategic plans completed.

Grant Applications

Matt mentioned the Helena Legislative Luncheon

Tom/Shirley mentioned the Gallatin Luncheon, but had been voted on to be paid by mini-grant through CSAA.

Motion: Matt motioned to have L&Clark luncheon costs covered- \$167. Shirley seconded. Motion passed.

Legislative Priorities

Tom brought up higher Reimbursement rates for those with mental illness. There are more people sharing in the amount of money available. Shirley mentioned that 96,000 of Montana's residence are on Medicaid, approximately 10% of MTs populations. He feels there should be a rate increase.

Matt inquired if those with mental illness were helped more with Medicaid expansion or those without insurance. The state previously had MHSP covered those expenses until they were signed up with Medicaid. Shirley mentioned closure of Livingston and Dillon having to close their services. There is also provider shortage, and unable to access care quickly. Case managers are helping them with employment, and organizations that will work with people.

Recommendation: Matt suggested that it would be right to support it as an individual. Peer support, transportation with dignity (Law Enforcement safety) Matt feels there has to be a better way. Discharge planning needs to be reviewed. Shirley feels this should be a priority. Some will show up 6 months after discharge not knowing they were released and show up at WMMHC. Michael stated he'd been to MSH and there should be at least be 30 days of meds. Michelle said they are good to work with when you call to coordinate the effort. Matt brought up that Michelle serves on the Mayors Task Force to review crisis response and working with the Sequential Intercept model.

February 5th hearing- transport with dignity. Dennis added that it is taught at MLEA and standard for handcuffing across the state. Michelle brought up the "Teamster" process. It is done through the state hospital. This person is brought to/from Montana State Hospital to Center for Mental Health when they are discharged. Michelle said that everyone with a scheduled discharge is brought by van to their destination, even if homeless they are taken to a specific location. Michelle has learned some of this through being a CRT and information along the way. Dennis brought up ADART, discharge meetings that took place and should be re-addressed to help with some of these issues. He thought they may be moving toward starting to meet again.

Montana State Health Improvement Plan

MT SHIP draft was shared by email. Kenny covered the basic information and headings in the plan.

Discussed the difficulty in creating a plan that that would be more than 5 years. Matt mentioned that he was under the impression that this would a fluid plan, not concrete. The draft was sent out and seek

public comment. Kenny mentioned an eblast that is used by WSAA and having it go out throughout the year and not just used during the Leg. Session. Andrea suggested that it would be helpful to use them for other ideas besides Leg. Session, but other meetings throughout the year. Mindi suggested during Summit to be put

on Tyler's interested party email list for WSAA eblast. Matt will follow up w/ AMDD for a final copy, it has not been distributed.

Website-

Andrea has been working w/ Ang Lovaas to get the website up to date. There is a lot of disconnected data, links that no longer work. Trying to minimize and put information into folders for easy search. It would be helpful if LAC's could send Agenda & Minutes to be shared on the website.

AMDD update- Kenny covered handout that was shared. Big changes in personnel.

LACS

- **Lewis & Clark-** Legislative breakfast, presented our priorities, Resources Guide & Crisis card completed. In process of being distributed. NAMI presented NAMI Smarts to help with testimony. ACES training and considering Youth MH 1st Aid. A lot of support from County Commission. Pretrial pilot project is working well with support and follow up.
- **Gallatin-** Legislative luncheon follow up. There was approx. 60 people, including 20 legislators and local council members. United Way is working w/ Help Center to promote 211, sharing information on 2-11 with door hangers & going door-to-door in the community.
- **Hill-** had their Fall suicide event, sent out advertisements for MH 1st Aid, last years were not very well attended, working on HTSSI Trauma sensitivity in the schools, showing Paper Tigers and Wrestling ghost. Issues are transportation and housing, and adequate providers. There is a counselors' in training program at Northern, but can't keep up with the need.
- **Cascade-** County Resolution approved to meet monthly under the county. Not going to have a website, but starting up a Facebook page. Using NAMI folders to share information with the public and legislators. It cost about \$200 to create the information for the Legislators
- **Broadwater-** trying to get a MH 1st Aid set up. Working with MPN & getting a counselor in Townsend. There is now an office set up.
- **Blaine-** Tina reported that they got together w/ the Community Medical center, they became the fiduciary for the LAC. They have integrated health care, an LCPD working w/ Curtis and Darlene at Northern. Extension office did MH Awareness informational meeting in November. Presentation was done in Havre & Chinook. Connect Training, electronic referral system, put on by L& Clark Co Public Health Nurse. Agencies can be linked into and track the referral process. There is a cost \$150/site. Resilience training outreach, service providers were invited. Their LAC Chair is the public health nurse in Blaine County. Trying to get LAC reorganized, due to changes in membership.
- **Jefferson-** no update for this meeting. Michelle Marshal sits on this board.

Providers

C4MH Helena- part of Neighbors Challenge, and Sequential Intercept model. Working with Helena and butte to add a mobile crisis member. Community safety, training on a monthly basis to family, providers. Part of Peer Support Program. They are doing some advocacy training w/ clients for court.

The meeting was officially adjourned at 1:00pm by Matt Furlong.