

Mental Health Resources

Crisis Intervention Team	406-582-2100
Gallatin Mental Health Center · 699 Farmhouse Lane Adult and Child Outpatient Treatment, Case Management, Medication Management, CSCT, Hope House, Crisis Response Team	406-556-6500
Help Center · 24 Hour Crisis Line and Suicide Outreach Information and referrals	406-586-3333 211
Hope House Crisis Stabilization · 701 Farmhouse Lane	406-585-1130
Livingston Mental Health Center · 1315 W. Crawford, Livingston Adult Outpatient Treatment, Outreach Case Mgmt, Peer Solution Drop-in Center, Peer-to-Peer Support and Day Treatment	406-585-5120
Montana Warm Line · Non-crisis support line · montanamentalhealth.org M-F 4pm-10pm & Sat-Sun 10am-10pm	877-688-3377
Montana Suicide Prevention Lifeline	800-273-8255
MSU Human Development Clinic · Low-Cost Outpatient Adults, Children, Couples and Families	406-994-4113
MSU Counseling & Psychological Services (MSU students, staff & faculty)	406-994-4531
Open Arms Drop-in Center · Peer-to-Peer Support · 695 Farmhouse Lane M-F 9am-4pm · Call for Meeting & Group Schedule	406-556-6500

Mental Health Information and Assistance

Mental Health America of Montana montanamentalhealth.org	877-927-6642
National Alliance for the Mentally Ill (NAMI), National Headquarters · nami.org NAMI—Bozeman, Gallatin County Affiliate, Tom Peluso—President NAMI—Livingston · nami.livingston.org	800-950-6264 406-585-8959 406-224-2869
State Addictive & Mental Disorders Information Line	888-866-0328
State Mental Health Ombudsman	888-444-9669
Substance Abuse & Mental Health Services Administration · samhsa.gov	877-726-4727
Veteran Administration (Psychiatric and Medications) local#	800-827-1000 406-582-5300

Medical Assistance

Bozeman Health Deaconess Hospital**, 915 Highland Blvd, Bozeman	406-585-5000
BridgerCare* 300 N. Willson, Suite 2001, Bozeman · reproductive health care services	406-587-0681
Community Health Partners* (Belgrade) 19 E. Main, Belgrade	406-924-5754
Community Health Partners* (Bozeman) 214 E. Mendenhall St., Bozeman	406-585-1360
Community Health Partners* (Livingston) 126 Main St., Livingston	406-222-1111
Community Health Partners* (West Yellowstone) 11 S. Electric Street	406-222-1111
Community Health Partners Dental Practice** 120 N. 19th Ave., Suite H, Bozeman	406-585-8701
*Community Health Partners each offer primary & preventive health care services and sliding fee scales.	
Gallatin City-County Health Department, 215 W. Mendenhall, Bozeman	406-582-3100
Gallatin County Office of Public Assistance—call for eligibility criteria	406-582-3010
Healthy Montana Kids (MT CHIP) Eligibility Hotline	888-706-1535
L'esprit Inc. 124 S. Main, STE 206, Livingston	406-222-7641
Livingston Healthcare 504 S. 13th Street, Livingston	406-222-3541
Medicaid Help Line	800-362-8312
Medicare Information Line	800-633-4227
Veteran Administration, 300 N. Willson Ave.	406-582-5300

** For medical referrals and information, call the Bozeman Deaconess Health Information Center at 406-522-1644.

Financial Assistance

Gallatin County Office of Public Assistance	406-582-3010
Human Resource Development Council (HRDC) Energy Programs	406-587-4486
Park County Public Assistance	406-222-8000
Social Security Administration	406-586-4501
West Yellowstone Job and Social Services Center	406-646-7311

Legal Resources

Child and Elder Abuse Help Line	866-820-5437
Child and Family Services, Gallatin County	406-585-9984
Child and Family Services, Park County	406-222-7402
Disability Rights Montana · disabilityrightsmt.org	800-245-4743
Gallatin County Victim Assistance Program HAVEN	406-582-2075 406-582-2038
Montana Legal Services Helpline	800-666-6899
Self-Help Law Program	406-582-2158

Food Assistance

Bozeman Senior Citizen Center, Meals on Wheels Program	406-586-2421
Gallatin County Public Assistance, Supplement Nutrition Assistance Program (SNAP)	406-582-3010
HRDC Community Café	406-586-7600
HRDC Gallatin Valley Food Bank · Operating in Bozeman, Three Forks & Big Sky	406-586-7600
Food Resource Pantry, Livingston	406-222-5335
Love INC	406-587-3008
Park County Public Assistance, Supplement Nutrition Assistance Program (SNAP)	406-222-8000
Salvation Army	406-586-5813

Housing Assistance

Family Promise	406-582-7388
Habitat for Humanity HAVEN	406-388-8225 406-586-7689
HRDC Housing Program	406-587-4486
Warming Center (Seasonal, Emergency Night Shelter)	406-587-4188
Salvation Army	406-586-5813
T.E.A.M. Mentoring HAVEN	406-656-8326 406-586-7689

Transportation

HRDC Galavan	406-587-2434
HRDC STREAMLINE Bus Service	406-587-2434
Love INC	406-587-3008
Park County Angel Line	406-222-4668
TAXI	406-388-9999
West Yellowstone Galavan Reservations (reserve early) Call Job & Social Services for a voucher to ride	406-640-0244 406-646-7311

Child & Family Related Resources

A.W.A.R.E., Inc. · Adult & Children's Case Management and Psychiatric Services	406-587-1181
Child Development Center, LLC (Assessments)	406-586-6051
Community Health Partners · 214 E. Mendenhall St., Bozeman · primary & preventive health care services	406-585-1360
Family Outreach	406-587-2477
Gallatin Mental Health Center · Adult and Child Outpatient Treatment	406-556-6500
Montana Family Wrap Around · Children & Family Mental Health	406-599-5776
MSU Human Development Clinic · Low-Cost Outpatient Adults, Children, Couples and Families	406-994-4113
SEPTA Special Education Parent Teacher Association (Bozeman School District)	406-582-8566
Thrive	406-587-3840
Youth Dynamics · Outpatient Therapy & Children Case Management	406-585-9402
*Also See Legal Resources	



GALLATIN COUNTY MENTAL
HEALTH LOCAL ADVISORY COUNCIL

MENTAL HEALTH RESOURCE GUIDE

When you don't know what to do...

Guidelines for Family
Members and Persons
Suffering from Mental Health Issues

311 W. Main, Room 306
Bozeman, MT 59715
406-582-3000
Fax: 406-582-3003

Emergency Help

- ♦ Call the Help Center's 24-hour crisis line: **211** or **406-586-3333**.
- ♦ Call 911 and ask for a CIT-Trained Officer
- ♦ Go to the Emergency Room at the nearest hospital
- ♦ Go to the Hope House in Bozeman if you are over 18 years old.

Hope House: 701 Farmhouse Lane, Bozeman
406-585-1130

If you or a relative is currently under professional care, but the treatment is not effective:

- ♦ Insist that your mental health professional meet with you and listen to you to reevaluate your treatment program.

Thanks to the following agencies who contributed to the costs of this publication:



Corrections and Comments, please call the Gallatin County Commission Office at 406-582-3000

Crisis Intervention Resources & Situations

QUESTIONS TO ASK & AVAILABLE RESOURCES

SUICIDAL OR DEPRESSED

Directly ask is person suicidal
Has an attempt been made?
How available is the proposed method?
What is the availability of helping resources?

What is the lethality?
Is there a specific plan?

The Help Center
Gallatin Mental Health Center
Law Enforcement/EMS
211/406-586-3333
406-556-6500
911 *ask for a CIT Officer

ALCOHOL OR DRUGS

What behaviors is the person exhibiting?
How much did you consume?
Is or should the person be driving?
Are there symptoms of withdrawal?
Is the person able to provide basic self-care?

What did you take or use?
When did you last use?
Is the person violent/suicidal?

Alcohol & Drug Services
Bozeman Health Deaconess Hospital
Emergency Room
SW Chemical Dependency Ctr (Park County)
Law Enforcement/EMS
406-586-5493
406-585-1000
406-222-2812
911 *ask for a CIT Officer

CONFUSED, DISORIENTED OR DISABLED

Do you feel ill?
Do you have seizures?
Do you have a physician?
Do you know your name?
Do you have a place to live?

Are you diabetic?
Are you taking any medications?
What day is it? What time is it?
Do you know where you live?
Do you have food?

Emergency Medical Services
The Help Center
Bozeman Health Deaconess Hospital
Emergency Room
911 *ask for a CIT Officer
211/406-586-3333
406-585-1000

BIZARRE OR PSYCHOTIC BEHAVIOR

Have you consumed any alcohol or drugs?
Do you have seizures?
Is the person having hallucinations?
Have you been hearing, seeing, or smelling anything unusual?
Does the person appear frightened, angry, agitated or depressed?
Does the person appear to be talking to themselves or no one?

Are you hearing voices?
Are you taking any medications?

The Help Center
Gallatin Mental Health Center
211/406-586-3333
406-556-6500

VIOLENT BEHAVIOR/DOMESTIC VIOLENCE

Is the person acting bizarre or psychotic?
Has actual violence taken place?
Do you need medical attention?
Do you have a specific plan to hurt someone?
Is there anyone with you or are you alone?
Do you have access to weapons and know how to use them?
Have you consumed alcohol or drugs recently?

What is the nature of the threat?
Are you safe now?
Who is being threatened?

Law Enforcement/EMS
Sexual Assault Counseling Ctr
HAVEN
VOICE Center (MSU)
Tri-County Network
(Park, Sweetgrass & Meagher)
911 *ask for a CIT Officer
211/406-586-3333
406-586-4111
406-994-7069
406-222-8154