



CENTRAL SERVICE AREA AUTHORITY

From: Central Service Area Authority (CSAA)
To: LAC's in Central Montana
Date: May 30, 2014

Your Local Advisory Council (LAC) was given \$1147.00 in June 2013 by the CSAA Board of Directors. This was contingent on a report detailing how the CSAA funds are going to be used to benefit your community. We are pleased to be able to assist and support your efforts again this year.

- Please complete this form and return to president@centralsaamontana.org
- To be considered for any future funds we need your answers by June 16, 2014.

Contact Information

LAC Name: Havre-Hill County LAC

Primary Contact Person: Amber Spring, Chair

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Secondary Contact Person: Cindy Smith, Secretary and LAC Representative to CSAA

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If checks are written, to whom should they be made out?

Name: Havre-Hill County LAC

Phone: 406-265-9639

Email: ambers@center4mh.org

Mailing Address City, State Zip:

Center for Mental Health

Attn: Amber Spring

PO Box 1658

Havre, MT 59501

Please answer the following questions:

1. How did your LAC use the funds from the CSAA?

The Havre-Hill County LAC is in the process of developing a website. MTGrafix has estimated the initial cost at \$1,110 to \$1,500 for 5 Page Website Package (HOME, ABOUT US, CONTACT US, MEMBERS, and RESOURCES) One Time Fee. Domain Registration for Website - Billed Annually, ICANN Fees (This is a mandatory charge for the Internet Association of Names and Numbers) - Billed Annually, and Content Management System

Integration - One Time Fee (Enables user to make changes at any time) We have met with a website design company and the committee members are in the process of compiling information to be included on the site such as: the history of the LAC, board members (with pictures and contact information), Partners (with links to their websites), upcoming events, agendas & minutes, and other resources.

We are also developing a plan for trainings related to mental health and addictions that may be beneficial to be brought to Hill County with the use of the funds that we currently have. One identified need was to train additional Mental Health First Aide trainers and to utilize the funds to send someone to the National Training. We had 2 people identified and then timing was not right for those people last year.

2. What was accomplished or done as a result of these funds? It's okay to brag. We want to hear from you.

It is our hope that this website will help address a couple of the goals from our strategic plan including: Collaborating with populations affected by mental illness, Reducing mental health stigma, Improving access to mental health care, Advocating for mental health consumers and secondary consumers, and Identifying gaps in mental health services.

3. If your LAC were to get funds this year what would you hope to accomplish or do with those funds?

The LAC funds will be utilized to assist with the goals identified in #6 below. One primary need identified has been additional training for community members/agencies to learn to utilize the screening tools for the primary care facilities, to assist with school-based intervention strategies, for train the trainer for Mental Health First Aid or QRP, and for crisis line volunteers. Funds may be used to assist with bringing in speakers or for promotional materials to advertise trainings.

4. How many meetings did you have in your fiscal year?

From July 2013 to present, we have had 10 meetings and 4 additional meetings together with the Hill County Health Consortium during action planning for the county needs assessment.

5. How many active members are in your LAC?

It is difficult to determine the number of active members in our LAC. We have regular participation from individuals from Bullhook Community Health Center, NAMI, the Center for Mental Health, Youth Dynamics, and White Sky Hope. Over the last year, we have had attendance from individuals from the county commissioners office, Northern Montana Hospital, the Domestic Violence Program, MSU-N Student Health Service, Child & Family Services, the County Health Dept, the County Attorney's Office, law enforcement, the detention center, and United Way. We are hopeful to recruit representatives from the school district, private practitioners, Veterans' Administration, organizations that work with children and consumers. Average monthly attendance ranges from 5 to 10 people.

6. What are your top three priorities?

Earlier this year, the LAC made a decision to “merge” with the subcommittee addressing mental health awareness for the Hill County Health Consortium. It was decided that we had common goals with this subcommittee and the potential to be connected with a larger group meant increasing the awareness of what we do and a larger committee to work on accomplishing goals. This subcommittee has identified 5 Actions to be accomplished over the next 3 years to include:

- Engage community partners in developing a multidisciplinary, multi-organization approach to implement mental health interventions.
- Seek funding for a Community Health Coordinator to assist community partners in developing the comprehensive mental health system and to develop/manage stakeholder relationships.
- Utilize evidence based screening tools in primary care settings.
- Investigate the opportunity to work with the school system to develop appropriate school-based intervention strategies.
- Utilize/Create communication tools to equip community members to recognize signs of depression and potential for suicide. Include other mental health concerns as identified.

7. What are your top three challenges?

1. Community Involvement, including consumer involvement
2. Awareness about what we do
3. Coordinating adult and children’s mental health services