

Cascade County Mental Health Local Advisory Council

Minutes

Monday January 6, 2020
Largent Center - McFadden Room
915 1st Ave. South
3:00 pm -5:00 pm

Members Present Jane Wilson, Shawn Matsko, Ginny Carnes, Jennifer Whitfield, Cassidy Blomgren, Tom Osborn, Jane Weber, Dusti Zimmer, Greg Tilton, Ameer Ellsworth, Linda Daggett

Guests Present Susie McIntyre, Rick Brown

Call to Order The meeting was called to order by Jane Wilson, Vice Chair at 3:06 PM. Introductions were made.

Minutes from December, 2019 The December 2, 2019 Minutes were approved with one minor correction.

Treasurer's Report Shawn presented the Budget Performance Report. There is \$2,429.92 in the budget as of the end of December.

Strategic Planning Jane Wilson and Jennifer reported.

- Ameer, Jane Wilson, Linda, and Jennifer met to review the Strategic Plan and add substance to the framework that was developed at the planning session in September. The first Organizational Goal- Convene and Collaborate- was discussed and developed.
- **See attached: Working Copy of the Strategic Plan for Goal #1 Convene and Collaborate**
- Jennifer reviewed the Strategic Plan Mission and the organizational Core Values, the 4 Goals as determined at the Planning Session.
- The historical background will be inserted into the Plan. Linda provided a copy of the LAC history up to 2008, Jane Weber will type it up, and Jane Wilson will add to it.
- The Executive Committee will meet on January 17th to develop the 2nd Goal: Communication and Marketing.

Community Reports/Announcements from Board Members

Crisis Services: Jennifer reported that she was unable to print off the Crisis Response Team's report this time, but that the numbers have grown. Dusti reported moving forward with the jail diversion project may need to be delayed. Some of the CRT clientele are utilizing the program very frequently. Susie McIntyre observed a situation at the Library that pointed to a need for police officers to be reminded of the CRT as a resource in behavioral health situations, when appropriate. Ginny reminded that Peer Supporters can be utilized more as part of the Crisis Response.

PEER Support: Ginny reported that there now are 3 Certified Peer Support Specialists at Center for Mental Health, and Gateway has 4. The Montana Peer Support Network meeting time is being adjusted.

Center for Mental Health: Jennifer reported that they have hired a new Psychiatric Advanced Practice Nurse Practitioner (APRN).

Alluvion: Dusti reported that they have hired a Psychiatric APRN and he is open for scheduling.

Suicide Prevention Team: Greg reported that the Chair, Tiffany Sweeney, has resigned and the group is recruiting a new person. They have provided trainings for clergy and plan to train clinicians on suicide prevention and assessment.

Public Comment

Library Susie McIntyre announced that the Library is supporting participation in the 2020 census by providing a safe and supportive place for people in lower socio-economic situations to complete the census form and offer encouragement for that segment of the population to do so.

Adjourn The meeting was adjourned by Amee Ellsworth, Chair, at 4:10 PM. Next meeting is February 3, 2020

Respectfully Submitted,

Amee Ellsworth, Chair

Date_____

See attached: Developed Strategic Plan Goal #1 Convene and Collaborate

Organizational Goal 1: Convene and Collaborate

- Bring together stakeholders in order to form cohesive partnerships with the intent of addressing critical gaps, duplication of services, and any other areas of improvement in behavioral health services.

STRATEGY	ACTION STEPS	RESOURCES/PARTNERS	INDIVIDUAL/TEAM	START/END	STATUS
LAC serves as a clearinghouse for behavioral health services and resources in the region.	Complete Community Resource guide, distribute electronically, Research update annually	Benefis, MHAGF, Voices of Hope, United Way, Cascade County Improvement Plan, NAMI, Grants for printing, Newspaper, electronic distribution outlets	Resource Guide Committee: Jennifer, Ginny, Jane Wilson, Greg. Invite Lacey Hallot, VOH person	January 2020 Annual review	
	Hosting informational sessions at LAC meetings	LAC Executive Members and Executive Committee	Exec Committee will meet every month to determine topics	January 2020	
	Review County Community Needs Assessment (CHNA), Community Health Improvement Plan (CHIP) and State Health Improvement Plan (SHIP)	LAC, County Health, Healthy Horizons, Review CHIP, SHIP to see where we fit in. Involve Lacey Hallot (UWay), Trisha Gardiner CHIP	Jane Wilson - copies of the Community Health Plan Invite Lacey and Trisha to update on Behavioral Health portion of CHIP	Feb 2020	
LAC will identify community needs and determine gaps and overlaps in services, resources	LAC creates a behavioral health needs assessment (Need to complete review of Plans referencd above)				

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	Identify stakeholders providing resources and services				
	Collaborate with stakeholders to ensure identified gaps are covered and discuss overlaps to ensure appropriate depth of service				
Encourage stakeholders to participate in existing health fairs & events to highlight behavioral health resources and services.	LAC researches existing community health focused fairs and events	Stand Down, MSU, Vets4Vets, other events	Events/Speaker Committee: calendar of events and coordinate speakers: Jennifer, Greg	Feb 2020	
	Facilitate speakers for fairs, conferences, conventions to highlight available behavioral health resources and services	Various community agencies with calendar of events	Committee- Jennifer and Greg	Feb 2020	