

## Mental Health Resources

The Help Center · 24 Hour Crisis Line and Suicide Outreach Information and referrals	406-586-3333 211
Montana Warm Line · Non-crisis support line · montanamentalhealth.org M-F 4pm-10pm & Sat-Sun 10am-10pm	877-688-3377
Montana Suicide Prevention Lifeline	800-273-8255
A.W.A.R.E., Inc. · Children's Case Management, Outpatient Treatment & Psychiatric Services	406-587-1181
Youth Dynamics · Outpatient Therapy & Children Case Management	406-585-9402
<b>Gallatin County</b>	
Gallatin Mental Health Center · 699 Farmhouse Lane Adult and Child Outpatient Treatment, Case Management, Medication Management, CSCT, Hope House, Crisis Response Team	406-556-6500
Open Arms Drop-in Center · Peer-to-Peer Support · 695 Farmhouse Lane M-F 9am-4pm · Call for Meeting & Group Schedule	406-556-6500
Hope House Crisis Stabilization	406-585-1130
MSU Human Development Clinic · Low-Cost Outpatient Adults, Children, Couples and Families	406-994-4113
MSU Counseling & Psychological Services (MSU students, staff & faculty)	406-994-4531
Crisis Intervention Team	406-582-2100
<b>Park County</b>	
Livingston Mental Health Center · 1315 W. Crawford, Livingston Adult Outpatient Treatment, Outreach Case Mgmt, Peer Solution Drop-in Center, Peer-to-Peer Support and Day Treatment	406-585-5120

## Mental Health Information and Assistance

The National Alliance for the Mentally Ill (NAMI), National Headquarters · nami.org NAMI—Bozeman, Gallatin County Affiliate, Tom Peluso—President NAMI—Livingston · nami.livingston.org	800-950-6264 406-585-8959 406-224-2869
Mental Health America of Montana (formerly, Montana Mental Health Assoc) montanamentalhealth.org	877-927-6642
State Addictive & Mental Disorders Information Line	888-866-0328
Medicaid Help Line	800-362-8312
Medicare Information Line	800-633-4227
Veteran Administration (Psychiatric and Medications) local#	800-827-1000 406-582-5300
State Mental Health Ombudsman	888-444-9669
Substance Abuse & Mental Health Services Administration · samhsa.gov	877-726-4727

## Medical Assistance

Healthy Montana Kids (MT CHIP) Eligibility Hotline	888-706-1535
Veteran Administration, 300 N. Willson Ave.	406-582-5300
<b>Gallatin County</b>	
Bozeman Deaconess Hospital**, 915 Highland Blvd, Bozeman	406-585-5000
Bridger Clinic* 300 N. Willson, Suite 2001, Bozeman · reproductive health care services	406-587-0681
Community Health Partners* 214 E. Mendenhall St., Bozeman · primary & preventive health care services	406-585-1360
Gallatin City-County Health Department, 215 W. Mendenhall, Bozeman	406-582-3100
Gallatin County Office of Public Assistance—call for eligibility criteria	406-582-3010
Community Health Partners* 19 E. Main, Belgrade · primary & preventive health care services	406-922-0820
Community Health Partners Dental Practice* 120 N. 19th Ave., Suite H, Bozeman	406-585-8701
<b>Park County</b>	
Community Health Partners* 126 Main St., Livingston · primary & preventive health care services	406-222-1111

\* Offer sliding fee scale  
\*\* For medical referrals and information, call the Bozeman Deaconess Health Information Center at 406-522-1644.

## Financial Assistance

Gallatin County Office of Public Assistance (for families only)	406-582-3010
Park County Public Assistance	406-222-8000
Social Security Administration	406-586-4501
West Yellowstone Job and Social Services Center	406-646-7311
Human Resource Development Council (HRDC) Energy Programs	406-587-4486

## Legal Resources

Montana Legal Services Helpline	800-666-6899
Disability Rights Montana (formerly, Montana Advocacy Program (MAP)) disabilityrightsmt.org	800-245-4743
Child and Elder Abuse Help Line	866-820-5437
Gallatin County Victim Assistance Program	406-582-2075
HAVEN	406-582-2038
Child and Family Services, Gallatin County	406-585-9984
Child and Family Services, Park County	406-222-7402
Self-Help Law Program	406-582-2158

## Food Assistance

HRDC Gallatin Valley Food Bank · Operating in Bozeman, Three Forks & Big Sky	406-586-7600
HRDC Community Café	406-586-7600
Livingston Food Pantry	406-222-5335
Salvation Army	406-586-5813
Bozeman Senior Citizen Center, Meals on Wheels Program	406-586-2421
Gallatin County Public Assistance, Supplement Nutrition Assistance Program (SNAP)	406-582-3010
Park County Public Assistance, Supplement Nutrition Assistance Program (SNAP)	406-222-8000
Love INC	406-587-3008

## Housing Assistance

HRDC Housing Program	406-587-4486
Warming Center (Seasonal, Emergency Night Shelter)	406-587-4188
PATH Outreach	406-522-7357
Salvation Army	406-586-5813
Habitat for Humanity	406-388-8225
T.E.A.M. Mentoring	406-656-8326
Family Promise	406-582-7388
HAVEN	406-586-7689

## Transportation

HRDC Galavan	406-587-2434
Love INC	406-587-3008
TAXI	406-388-9999
HRDC STREAMLINE Bus Service	406-587-2434
Angel Line (Park County)	406-222-4668
West Yellowstone Galavan Reservations (reserve early)	406-640-0244
Call Job & Social Services for a voucher to ride	406-646-7311

## Child & Family Related Resources

A.W.A.R.E., Inc. · Children's Case Management, Outpatient Treatment & Psychiatric Services	406-587-1181
Youth Dynamics · Outpatient Therapy & Children Case Management	406-585-9402
MSU Counseling & Psychological Services (MSU students, staff & faculty)	406-994-4531
MSU Human Development Clinic · Low-Cost Outpatient Adults, Children, Couples and Families	406-994-4113
Montana Family Wrap Around Children & Family Mental Health	406-599-5776
Gallatin Mental Health Center	406-556-6500
Thrive	406-587-3840
Community Health Partners 214 E. Mendenhall St., Bozeman · primary & preventive health care services	406-585-1360
Family Outreach	406-587-2477
Child Development Center	406-582-4059
SEPTA Special Education Parent Teacher	406-582-8566

\*Also See Legal Resources

**FOR MORE INFORMATION ON PARK COUNTY RESOURCES,  
CONTACT PARK COUNTY MENTAL HEALTH CENTER AT  
406-222-3332**



**GALLATIN COUNTY MENTAL HEALTH  
LOCAL ADVISORY COUNCIL**

# MENTAL HEALTH RESOURCE GUIDE

*When you don't know what to do...*

**Guidelines for Family  
Members and Persons  
Suffering from Mental Health Issues**

311 W. Main, Room 306  
Bozeman, MT 59715  
406-582-3000  
Fax: 406-582-3003

# Emergency Help

- Call the Help Center's 24-hour crisis line: **211** or **406-586-3333**.
- Call 911 and ask for a CIT Trained Officer
- Go to the Emergency Room at the nearest hospital
- Go to the Hope House in Bozeman if you are over 18 years old.

If you or a relative are not currently under the care of a local mental health professional, but you are having a mental health crisis:

- Insist that a mental health professional, such as a mental health counselor, psychologist, psychiatrist or a psychiatric nurse practitioner, meet with you **NOW!**

If you or a relative is currently under professional care, but the treatment is not effective:

- Insist that your mental health professional meet with you and listen to you to reevaluate your treatment program.

Thanks to the following agencies who contributed to the costs of this publication:



GALLATIN COUNTY COMMISSION  
www.gallatin.mt.gov

Corrections and Comments, please call the Gallatin County Commission Office at 406-582-3000

# Crisis Intervention Resources & Situations

## QUESTIONS TO ASK & AVAILABLE RESOURCES

### SUICIDAL OR DEPRESSED

Directly ask is person suicidal

What is the lethality?

Has an attempt been made?

Is there a specific plan?

How available is the proposed method?

What is the availability of helping resources?

The Help Center

211/406-586-3333

Gallatin Mental Health Center

406-586-6500

Law Enforcement/EMS

911 \*ask for a CIT Officer

### ALCOHOL OR DRUGS

What behaviors is the person exhibiting?

What did you take or use?

How much did you consume?

When did you last use?

Is or should the person be driving?

Is the person violent/suicidal?

Are there symptoms of withdrawal?

Is the person able to provide basic self-care?

Alcohol & Drug Services

406-586-5493

Bozeman Health Deaconess Hospital

Emergency Room

406-585-1000

SW Chemical Dependency Ctr (Park County)

406-222-2812

Law Enforcement/EMS

911 \*ask for a CIT Officer

### CONFUSED, DISORIENTED OR DISABLED

Do you feel ill?

Are you diabetic?

Do you have seizures?

Are you taking any medications?

Do you have a physician?

What day is it? What time is it?

Do you know your name?

Do you know where you live?

Do you have a place to live?

Do you have food?

Emergency Medical Services

911 \*ask for a CIT Officer

The Help Center

211/406-586-3333

Bozeman Health Deaconess Hospital

Emergency Room

406-585-1000

### BIZARRE OR PSYCHOTIC BEHAVIOR

Have you consumed any alcohol or drugs?

Are you hearing voices?

Do you have seizures?

Are you taking any medications?

Is the person having hallucinations?

Have you been hearing, seeing, or smelling anything unusual?

Does the person appear frightened, angry, agitated or depressed?

Does the person appear to be talking to themselves or no one?

The Help Center

211/406-586-3333

Gallatin Mental Health Center

406-556-6500

### VIOLENT BEHAVIOR/DOMESTIC VIOLENCE

Is the person acting bizarre or psychotic?

What is the nature of the threat?

Has actual violence taken place?

Are you safe now?

Do you need medical attention?

Who is being threatened?

Do you have a specific plan to hurt someone?

Is there anyone with you or are you alone?

Do you have access to weapons and know how to use them?

Have you consumed alcohol or drugs recently?

Law Enforcement/EMS

911 \*ask for a CIT Officer

Sexual Assault Counseling Ctr

211/406-586-3333

HAVEN

406-586-4111

VOICE Center (MSU)

406-994-7069

Tri-County Network

406-222-8154

(Park, Sweetgrass & Meagher)