# Jefferson County Mental Health Local Advisory Council MINUTES

April 5, 2017

## ATTENDANCE:

Commissioner Bob Mullen, Pam Hanna, Kenny Bell, Kathy Rux, Molly Carey, Michelle Cuddy, Karen Wandel, Brooklyn Leary, Millie Armstrong, Molly Hedrich, and Micky Zurcher.

- I. CALL TO ORDER: 2:06 pm at the Clerk and Recorder's Conference Room by Commissioner Bob Mullen.
- II. AGENDA: The agenda was approved.
- **III. MINUTES:** Michelle made a motion to approve the minutes from the March 1, 2017 meeting. Millie seconded the motion. All in favor, motion carried.
- IV. SUB-COMMITTEE REPORTS: None at this time.

#### V. OLD BUSINESS:

- a. Budget and Claims: Kenny explained to the council that rather than dividing and distributing remaining funds, CSAA will be offering mini grants that will become available for Fiscal Year 2017-2018. Bob will contact Cindy Smith, CSAA Chairperson, to determine the process for applying for these funds.
- **b.** Correspondence: Molly shared a letter that was written to the Deer Lodge County Commissioners in support of their forming a mental health local advisory council.
- c. ACEs Training Survey: Karen updated the council concerning possible ACEs training. Another survey was sent out to the schools to determine if anyone was interested in hosting a training. At this time, there weren't any volunteers. Barb and Pam attended a training that would allow them to present. Pam suggested they present it to the Health Board for approval and practice. Karen reported that Melanya would be available to provide the training for the schools. It was discussed that the council could possibly assist with travel costs or help come up with ideas for funding.
- d. Resource Pamphlet: Molly didn't receive any emails with additions, deletions or corrections from council members, so she submitted it to Dawn Smartnick at Jefferson High School for a student project. Dawn will keep Molly updated on the progress of the pamphlet.

### VI. NEW BUSINESS:

- a. Mental Health Month May: With May being Mental Health Awareness Month, the council discussed possible projects that they could work on. It was mentioned that a Fun Run might be a good community activity. Bob suggested creating a sub-committee to work out the details for a community event that might include a run followed by a barbecue. Karen, Pam and Millie volunteered to serve on that sub-committee and will report to the council members.
- b. CSAA Alternate: Michelle explained to the council that she attends CSAA meetings as a voting member. If she is unable to attend, she requested that the council have a member attend on her behalf to represent this region. Bob made a motion to have Carol fill that position if necessary. Kathy seconded the motion. All in favor, motion carried. Michelle will contact Carol directly if she needs her to attend a meeting and will instruct her on potential proxy votes.
- VII. PUBLIC COMMENT: Micky Zurcher from MSU Extension attended the meeting to introduce herself and explain her upcoming projects. She emailed an explanation that will be attached to the minutes. She is currently studying to become a trainer for Mental Health First Aid. She will complete the training in September and is willing to present the class to the council. Pam reported that she will be attending the Montana Association of School Nurses Spring Conference on April 22nd in Great Falls. One focus of the conference will be suicide assessment and intervention in schools. Kenny distributed booklets "Parents as Partners". Molly distributed a copy of Madison County's informational posters. She also passed around a report that reflects the status of the legislative bills pertinent to mental health.

**VIII. NEXT MEETING:** The next regular meeting has been scheduled for May 3, 2017 at 2:00 pm in the Conference Room of the Clerk and Recorder's Building in Boulder.

Bob made a motion to adjourn the meeting at 3:04 pm. Pam seconded. All in favor, motion carried.

# IX. MEETING EVALUATION

- a. Meeting started on time: Yes
- b. Meeting ended on time: Yes
- c. Addressed all items on the agenda: Yes
- d. Discussed issues and came to decisions: Yes
- e. Gave everyone opportunity to express themselves: Yes

Minutes approved by Jefferson County Mental Health Local Advisory Council.

Carol Milner, Council Chair Date
Bob Mullen, Commissioner Acting Chair