

Pondera County Mental Health Resources

Crisis Contact Information:

Nationwide 24 hour Crisis Line1.800.273.TALK (8255) (Veterans, press #1)
www.veteranscrisisline.net (chat option) Text support: 8382555
Voices of Hope406.453.HELP (406.453.4357) or **call 911**
Teen Help (text)“teen2teen” to 839863 (5-11 p.m.)or call 1.877.968.8491 (24/7)
Montana Crisis Text Linetext ‘mt’ to 741-741 (free service available 24/7)
Montana Child Abuse Hotline1.866.820.5437 (toll-free, 24 hours)

Community Contacts:

Adult Protective Services406.278.9117
AA - Pondera Valley Lutheran Church406.271.3934
 Mon 7pm, Tuesday/Thursday 8 pm & NA on Friday 7pm
Benefis Peace Hospice406.455.3040
Big Sky Special Needs Co-Op406.271.7558
Child & Family Services406.278.5142
Celebrate Recovery – (contact Jon C.).....406.671.9792
Conrad Public School (Counselor) 406.278.3285
Dept. of Public Health & Human Services406.271.4020
Front Range Court Appointed Special Advocates (CASA)406.576.7041
Grief Share Group - Pondera Valley Lutheran Church.....406.271.3934
Heart Butte Public School (Counselor) 406.338.2211
Hi-Line’s Help for Abused Spouses 406.278.3342
 Crisis Line 1.800.219.7336
Indian Health Services - Heart Butte 406.338.2151
Pondera Medical Center - 24/hour ER.....406.271.2201
Pondera County Health Department406.271.3247
Pondera County Sheriff406.271.4060
Valier Clinic406.279.3771
Valier Public School (Counselor)406.279.3613

Local Mental Health Support Services:

Center for Mental Health – www.center4mh.org406.278.3205
Counseling Connections
 Pam Mc Farland, LCPC -**Conrad**406.271.2834 **Valier**406.279.3538
Eastern Front Counseling
 Tonya Carpenter, LCSW, LAC406.278.0440
Marias Healthcare Services
 Lida Holst, LCSW406.271.2007
 Paije Gianarelli, PCLC, MFLC.....406.271.2007
Pioneer Counseling & Community Support
 Steve Baliko, LCPC, NCC – Conrad406.450.1685