



Central Service Area Authority Board Meeting

centralsaamontana.org

Friday, December 22nd 8:30 am – 10:30 am
ZOOM ONLY

All Central Service Area Authority (CSAA) Board meetings are open to the public.

PUBLIC COMMENT STATEMENT: In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment.

Statutory purpose: *To collaborate with the BHDD and LAC's, to promote consumer and family leadership, and to foster individual choice and access to a continuum of mental health services in the Central Service Area.*

Statutory duties: *(1) Collaborate with the BHDD on the planning, implementation, and evaluation of the mental health system. (2) Submit a biennial review and evaluation of mental health service needs and services within the service area. (3) Review and monitor crisis intervention programs within the service area.*

Join Zoom Meeting

<https://us02web.zoom.us/j/81459830502?pwd=SkxrZk9NaVdPOWhTZkJwVnUrQWs0UT09>

Meeting ID: **814 5983 0502**

By phone: **253 215 8782**

Passcode: **515825**

Agenda

I. Call to Order

- Check In/Quorum/Introductions (5 minutes)
- Meeting Minutes (5 minutes)
- Budget/Treasurer's Report (review for approval) (5 minutes)
 - a. Treasurer's Report
 - b. Insurance Renewal
 - c. Expenses being processed

II Public Comment (10 minutes)

III. New Business (30 minutes)

1. Updated Schedule for CSAA Meetings (See Chart Below)
2. [Gov. Gianforte Invests \\$17.5 Million](#) to Boost Community-Based Behavioral Health and Developmental Disabilities
3. SAMHSA
 - a. [988 Updates](#), FAQs, and Social Media Posts
4. [Montana Community Reinvestment](#) – Planning Grant Program Town Hall – January 4 1:00 am
5. Mobile Units – transport to and from Montana State Hospital

IV. Ongoing Business (25 minutes)

1. MESSA planning meeting – Recommendations to HB 872
2. WSAA Update
3. SAA Update
4. HB 872 Commission [Updates](#)
 - a. January 11th (12:00 – 5:00 pm) and Jan. 12th (9:00 – 1:00) in Billings
 - b. Alternative Settings – Steering Committee Update
5. MAP Update

V. Updates (40 minutes)

- a. BHDD
 - Dan Laughlin – Prevention (Mental Health Block Grant)
 - Rebecca de Camara - DPHHS Administrator (Operations, Treatment, DD, Children's MH, Prevention, Suicide Prevention)
- b. Ombudsman
- c. Board of Visitors
- d. WSAA (Counties in CSAA)
- e. LAC's
- f. Provider's (NAMI, Many Rivers Whole Health, MHA of MT, etc.)

VI. Announcements

1. No CSAA Workgroup meeting Friday, December 29th
2. Montana Alliance on Prevention (MAP) Thursday, January 4th 11:00 – 12:00
3. Behavioral Health Advisory Council (BHAC) Thursday, January 4th 1:30 – 4:30 pm
4. HB 872 Commission Meeting – January 11th (12:00 – 5:00 pm) and Jan. 12th (9:00 – 1:00) in Billing
5. Children's and Family (CFHHS) Interim Committee Meeting – January 18th 8:00 Capitol Rm 137, [Virtual](#)
6. SAA Monthly Check-In January 19th 10:00 – 12:00

VII. Parking Lot

1. ADART

VIII. Resources

1. Fentanyl Documentary "Dead On Arrival" <https://www.youtube.com/watch?v=hTpQe4eDPRg>
2. HB 872 Commission Website: <https://dphhs.mt.gov/FutureGenerations/Commission>
3. DPHHS Montana Suicide Prevention Program Website:
<https://dphhs.mt.gov/assets/MedicaidTribalConsultation/May2022/MontanaSuicidePreventionProgram.pdf>
4. MHA 2023 Culture, Community & Connection: [BIPOC Mental Health Outreach Toolkit](#)
5. Map of Montana Tribes and Digital Archives: <https://montanatribes.org/>
6. Office of the Governor Indian Affairs: <https://tribalnations.mt.gov/Directory/BlackfeetNation>
7. BHDD_2022 Gaps & Services-Lived Experience in the Behavioral Health Crisis Response System:
<https://jgresearch.org/wp-content/uploads/2022/08/Behavioral-health-crisis-system-lived-experience-in-Montana.pdf>
8. [MHA Report: The State of Mental Health in America:](#)
9. BHAM Platform for 2023 Legislative Session: <https://montanabehavioralhealth.org/advocacy/>
 - a. Mary Windecker: <https://montanabehavioralhealth.org/about/staff/>
10. Website on State-Run Health Care Facilities: <https://dphhs.mt.gov/healthcarefacilities/>
11. NAMI National May 2022 Crisis Research – to view report: <https://www.nami.org/NAMI/media/NAMI-Media/Research/NAMI-Crisis-Services-Focus-Group-Study-Report-FA.pdf>

12. Prevention Technology Transfer Center Network trainings: <https://pttcnetwork.org/centers/global-pttc/training-and-events-calendar>

IX. Next Meeting Friday, January 26, 2024

Upcoming Meetings for CSAA Board Members and interested parties:

Friday	12/22/2023	CSAA December Board Meeting	8:30-10:00
Friday	12/29/2023	No Friday Workgroup (Christmas/New Years)	NO MEETING

January 2024 CSAA Meetings

Wednesday	1/3/2023	MESAA Board Meeting (Eastern SAA)	1:00-3:00
Thursday	1/4/2024	Behavioral Health Advisory Council (BHAC)	1:30-4:30
Friday	1/5/2024	CSAA Workgroup	8:30-10:00
Wednesday	1/10/2024	WSAA Board Meeting (Western SAA)	10:00-12:00
Friday	1/12/2023	CSAA Workgroup	8:30-9:45
Friday	1/12/2024	SAA Monthly Check In	10:00-12:00
Friday	1/19/2024	CSAA Workgroup	8:30-10:00
Friday	1/26/2024	CSAA Board Meeting (Central SAA)	8:30-10:30

LINKS TO UPCOMING MEETINGS

BHAC Council Meeting - First Thursday of the Month (Thursday, January 4 1:30-4:30)

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Join with a video conferencing device

291818717@t.plcm.vc

Video Conference ID: 113 976 156 1

[Alternate VTC instructions](#)

Or call in (audio only)

[+1 406-318-5487](tel:+14063185487), 44676710# United States, Billings

Phone Conference ID: 446 767 10#

Next HB 872 Commission Meeting in Billings (and virtually)
<https://dphhs.mt.gov/FutureGenerations/BHDDAlternativeSettingsProject>

- a. **January 11th** (12:00 – 5:00)
January 12th (9:00 – 1:00)

MSU Trainings Schedule

<https://healthinfo.montana.edu/events-training/index.html>

**Montana Office of Rural Health and Area
Health Education Center**
Montana State University

Director:
Kailyn Mock
Phone: 406-994-7709
kailyn.mock@montana.edu

QPR

Monday, November 4

11:00 am – 12:00 pm

[Click here to register.](#)

Montana Office of Rural Health | Behavioral Health Related Trainings

<https://healthinfo.montana.edu/bhwet/schedule.html>

Natalie Wheeler (she/her)
Behavioral Health Project and Training Coordinator
Montana Office of Rural Health | Areal Health Education Center
406-994-6858 natalie.wheeler@montana.edu

- MOAB T4T: Dates are [June 28th](#) and [August 10th](#). The training will be virtual and participants will be certified to instruct the one day de-escalation course. Limit of 2 people per organization.
- tMHFA T4T: **Dates are dependent upon people's schedules.** The training will be a 3 day virtual training. [Learn more about what tMHFA is here.](#) I have attached a flyer that you are welcome to share with people. [I have opened a waiting list for the training here.](#)
- YMHA/MHFA T4T: [Fill out our scholarship form here](#) and I will reach out to you to set up a training that works with your schedule!
- SafeTALK/ASIST: Stay tuned for updates coming later this year!
- Any other trainings- [view our schedule here](#)

Lewis and Clark Training Opportunities

For more information or to register: <https://lcsuicideprevention.org/upcoming-training-opportunities/>

Tues., Dec. 26: Suicide Bereavement Support Group, 6:30 p.m. in the 1,2,3 room at St. Peter's Health, 2475 E. Broadway St. Provided by Breathe, Let's Start a Conversation, this monthly suicide loss support group meets on the fourth Tuesday of every month. For more information, please contact Gloria Soja at (406) 545-8645 or Jason McNees at (406) 475-5003 or visit <https://www.facebook.com/breathemontana>.

Mountain Plains (HHS Region 8) MHTTC

<https://mhttcnetwork.org/centers/content/mountain-plains-mhttc>

MHTTC provides training, resources, and technical assistance to individuals serving persons with mental health disorders, particularly those with limited access to service delivery systems, like rural and agricultural communities. Providing free, innovative, and accessible learning opportunities on research-based practices, they seek to help you better serve your communities, staff, and patients. MHTTC serves Montana, Colorado, North Dakota, South Dakota, Utah, and Wyoming.

National Council for Mental Wellbeing Webinars TheNationalCouncil.org

Mental Health First Aid Courses MHFA.org

- [Adult MHFA](#)
- [Adult MHFA for Spanish-speaking Communities](#)
- [Adult MHFA for Public Safety](#)
- [Adult MHFA for Corrections Professionals](#)
- [Adult MHFA for Fire/EMS](#)

- [Adult MHFA for Military, Veterans and Their Families](#)
- [Adult MHFA for Older Adults](#)
- [Adult MHFA for Rural Communities](#)
- [Adult MHFA for Higher Education](#)

- [Youth MHFA](#)
- [Youth MHFA for Spanish-speaking Communities](#)
- [Youth MHFA for Tribal Communities and Indigenous Peoples](#)
- [teen MHFA](#)
- [MHFA at Work](#)

Acronym Key

BHAC	Behavioral Health Advisory Council
BHAM	Behavioral Health Alliance of Montana
BHDD	Behavioral Health Behavioral Health and Disabilities Division
CSAA	Central Service Area Authority
DPHHS	Department of Public Health and Human Services
ECHO	Extension for Community Healthcare Outcomes
HB 872	Behavioral Health System for Future Generations Committee
HBSFG	Behavioral Health System for Future Generations Committee
LAC	Local Advisory Council
MHA	Mental Health of America
MHFA	Mental Health First Aid
MHFA T4T	Mental Health First Aid Training for Trainers
MHTTC	Mental Health Technology Transfer Center
MSU	Montana State University
NAMI	National Alliance on Mental Illness
RFI	Request For Information
SAA	Service Area Authority
SAMSA	Substance Abuse and Mental Health Services Administration
TMHFA	Teen Mental Health First Aid
YMHFA	Youth Mental Health First Aid