



## Central Service Area Authority Board Meeting

centralsaamontana.org

**Friday, February 24th 11:00 am – 1:00 pm**  
ZOOM ONLY

All Central Service Area Authority (CSAA) Board meetings are open to the public.

**PUBLIC COMMENT STATEMENT:** In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment

**Statutory purpose:** *To collaborate with the BHDD and LAC's, to promote consumer and family leadership, and to foster individual choice and access to a continuum of mental health services in the Central Service Area.*

**Statutory duties:** *(1) Collaborate with the BHDD on the planning, implementation and evaluation of the mental health system. (2) Submit a biennial review and evaluation of mental health service needs and services within the service area. (3) Review and monitor crisis intervention programs within the service area.*

### Join Zoom Meeting

<https://us02web.zoom.us/j/81459830502?pwd=SkxrZk9NaVdPOWhTZkJwVnUrQWw0UT09>

Meeting ID: **814 5983 0502**

By phone: **253 215 8782**

Passcode: **515825**

### Agenda

#### I. Call to Order

- Check In/Quorum/Introductions (5 minutes)
- Meeting Minutes (5 minutes)
- Budget/Treasurer's Report (review for approval) (5 minutes)
  - a. Treasurer's Report

#### II Public Comment (10 minutes)

#### III. New Business (40 minutes)

1. Presentation-Individual Placement and Supports (IPS Supported Employment/Voc Rehab)
  - b. Overview and how Montana is proposing to expand IPS
2. Alyssa (Aly) Holly-State Opioid Response (SOR) Grant and TRUST, CM, and MOUD contracts (see Prevention Bureau Acronyms at bottom of Agenda)
3. March Guest Speaker: WRAP

#### IV. Ongoing Business (30 minutes)

1. Legislative - Update
  - a. NAMI MT-Bill Supporting Crisis Care Moves into Committee

2. BHAC Update
3. SAA Update
4. WSAA Update
  - a. Goal to be restructured by July 1, 2023
  - b. New Executive Officers elected
5. Workgroup Updates
  - a. Gaps and Services Committee
  - b. Website Committee

#### **V. Updates (35 minutes)**

- a. BHDD
- b. Ombudsman
- c. Board of Visitors
- d. Children's Mental Health
- e. LAC's
- f. Provider's (NAMI, Many Rivers Whole Health, MHA of MT, etc.)

#### **VI. Parking Lot**

#### **VII. Resources**

1. Mental Health of America Toolkit and Reports: <https://www.mhaofmt.org/mha-tools>
2. MHA Report: The State of Mental Health in America:  
<https://mhanational.org/sites/default/files/2022%20State%20of%20Mental%20Health%20in%20America.pdf>
  - a. BHAM Platform for 2023 Legislative Session: <https://montanabehavioralhealth.org/advocacy/>
  - b. Mary Windecker: <https://montanabehavioralhealth.org/about/staff/>
3. Governor's 2025 Biennium Executive Budget  
**Section B: Public Health & Human Services Budget: (See Item 10 pp. 32-38)**  
<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:996bef9f-5a0a-3e9c-be90-262a5cdc9577>
4. Website on State-Run Health Care Facilities: <https://dphhs.mt.gov/healthcarefacilities/>
5. NAMI National May 2022 Crisis Research – to view report: <https://www.nami.org/NAMI/media/NAMI-Media/Research/NAMI-Crisis-Services-Focus-Group-Study-Report-FA.pdf>
6. MT Nonprofit Association Weekly Legislative Update Meetings-Thursdays, 12:30-1:00 pm [Register here.](#)
7. Montana Alliance on Prevention (MAP) Monthly Meeting- 1<sup>st</sup> Thursdays of month 11:00-noon  
 Goals and Legislative Priorities  
**Join MAP Google Meeting:** <https://meet.goto.com/269518509>  
 By phone: **646 749 3122**  
 Access Code: **269 518 509**
8. MPN-Family First Wednesday-March 1st from 12:00-1:00 pm [Click Here to Register](#)

#### **VIII. Next Meeting**      Friday, March 24, 2023

## **NAMI Family and Friends free Seminar**

**March 1, 2023 6:00-8:00PM**

Welcome to the NAMI Family and Friends free 2-hour seminar! Participants learn about diagnoses, treatment, recovery, communication strategies, crisis preparation and NAMI resources. Hopefully you will gain an understanding of what your loved one is going through and how to interact effectively with someone who is living with a mental illness.

You will be sent a confirmation email when you register for the seminar. A zoom link to the seminar will be sent the day before, to your email. Be sure to check your spam. I will ask if you could get online about 15 minutes before 6:00pm, that would be great so we can ensure we start and stop on time.

**Register here:** <https://www.nami.org/Find-Support/NAMI-Programs/NAMI-Family-Friends/details?programListingId=a2u1Q000001mRIQAU>

## **MSU Trainings Schedule**

<https://healthinfo.montana.edu/events-training/index.html>

### **Question, Persuade, Refer (QPR) Training**

Wednesday, February 15, 2023 11:00 am

Wednesday, April 5, 2023 11:00 am

**Montana Office of Rural Health and Area  
Health Education Center**

Montana State University

### **Director:**

Kailyn Mock

Phone: 406-994-7709

[kailyn.mock@montana.edu](mailto:kailyn.mock@montana.edu)

## **Land Clark Training Opportunities**

**For more information or to register:** <https://lcsuicideprevention.org/upcoming-training-opportunities/>

**Tues., Feb. 28:** Suicide Bereavement Support Group, 6:30 p.m. in the 1,2,3 rooms at St. Peter's Health, 2475 E. Broadway St. Fourth Tuesday of every month. Contact Gloria Soja (406) 545-8645 or Jason McNees at (406) 475-5003, or visit <https://www.facebook.com/breathemontana>.

## **March**

**Thurs., March 2:** Online LOSS Team Volunteer Information Session, 12 -1 p.m. If you have lost someone to suicide and/or are a behavioral health professional, please join us for this virtual volunteer information session on how to become a team member. [Register here](#) or contact [jhegstrom@lccountymt.gov](mailto:jhegstrom@lccountymt.gov) for more information.

**Thurs., March. 2:** "Building Balance When Times are Tough" at the Virtual Winter Roundtable Adult Grief Support Group, 5:15 – 6:15 p.m. Free. Register [here](#).

**Sat., March 11:** Online LOSS Team Volunteer Information Session, 10 – 11 a.m. [Register here](#) or contact [jhegstrom@lccountymt.gov](mailto:jhegstrom@lccountymt.gov) for more information.

**Wed., March 15:** Rocky Mountain Volunteer 101, 7 – 8 p.m., virtual. Join the American Foundation for Suicide Prevention for a Virtual Orientation to learn more about who AFSP is at the National and local levels. Third Tuesday of every month. [Register here](#).

## Prevention Bureau Acronyms

MHBG	Mental Health Block Grant
CRRSAA	COVID Relief & Response Supplemental Appropriations Act
ARPA	American Rescue Plan Act
EBP	Evidence-Based Practices
NCE	No Cost Extension
SABG	Substance Abuse Block Grant
FEP	First Episode Psychosis
IPS	Individualized Placement Supports Supported Employment
DIC	Drop-In Center
SUD	Substance Use Disorder
WRAP	Wellness Recovery Action Plan
SOAR	SSI/SSDI Outreach, Access, & Recovery
SAA	Service Area Authority
LAC	Local Advisory Council
BHAC	Behavioral Health Advisory Council
PPW	Pregnant & Postpartum Women
PATH	Projects for Assistance in Transitioning from Homelessness
NAMI	National Alliance on Mental Illness
CTC	Communities That Care
PAX	PAX Good Behavior Game
SOR	State Opioid Response
PFS	Partnership For Success
CBHPS	Certified Behavioral Health Peer Supporter
MOUD	Medications for Opioid Use Disorder
CM	Contingency Management
RR	Recovery Residences
RRAM	Recovery Residence Alliance of Montana
NARR	National Alliance for Recovery Residence
OENDP	Opioid Education & Naloxone Distribution Program