



Central Service Area Authority Board Meeting
centralsaamontana.org

Friday, January 26th 8:30 am – 10:30 am
ZOOM ONLY

All Central Service Area Authority (CSAA) Board meetings are open to the public.

PUBLIC COMMENT STATEMENT: In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment.

Statutory purpose: *To collaborate with the BHDD and LAC's, to promote consumer and family leadership, and to foster individual choice and access to a continuum of mental health services in the Central Service Area.*

Statutory duties: *(1) Collaborate with the BHDD on the planning, implementation, and evaluation of the mental health system. (2) Submit a biennial review and evaluation of mental health service needs and services within the service area. (3) Review and monitor crisis intervention programs within the service area.*

Join Zoom Meeting

<https://us02web.zoom.us/j/81459830502?pwd=SkxrZk9NaVdPOWhTZkJwVnUrQWVsOUt09>

Meeting ID: **814 5983 0502**

By phone: **253 215 8782**

Passcode: **515825**

Agenda

I. Call to Order

- Check In/Quorum/Introductions (5 minutes)
- Meeting Minutes (5 minutes)
- Budget/Treasurer's Report (review for approval) (5 minutes)
 - a. Treasurer's Report
 - b. Expenses being processed

II Public Comment (10 minutes)

III. New Business (30 minutes)

1. Updated Schedule for CSAA Meetings (See Chart Below)
2. CSAA March Board Meeting-(conflicts with HB 872 Commission Meeting – reschedule to March 29th?)
3. [Amy Stiffarm: Spirit of Resilience](#) - Indigenous Woman Leading the Way to Change
4. CMS Announces \$50 Million in Grants to Deliver Critical [School-Based Healthcare Services to Children](#)
5. Question, Persuade, Refer (QPR) Suicide Prevention – Train the Trainer [To See Dates and Register](#)
6. Virtual Rural Mental Health Solutions Roundtable Feb 8th [To Register](#)
7. Governor Gianforte Invests \$8 Million to improve Behavior Health Crisis Response in Montana
8. CFHHS Interim Committee voted to draft a BILL for Family Peer Support Certification
9. Charlie Health's free guide to Somatics
10. SAMHSA January 2024 [Newsletter – Trainings, Resources, etc.](#)

IV. Ongoing Business (25 minutes)

1. WSAA Update
2. SAA Update
3. HB 872 Commission [Updates](#)
 - a. Alternative Settings – Steering Committee Update
4. 2024 SAA Summit – September 25-27th in Havre

V. Updates (40 minutes)

- a. BHDD
 - Dan Laughlin – Prevention (Mental Health Block Grant)
 - Rebecca de Camara - DPHHS Administrator (Operations, Treatment, DD, Children’s MH, Prevention, Suicide Prevention)
- b. Ombudsman
- c. Board of Visitors
- d. WSAA (Counties in CSAA)
- e. LAC’s
- f. Provider’s (NAMI, Many Rivers Whole Health, MHA of MT, etc.)

VI. Announcements

1. Behavioral Health Advisory Council (BHAC) Thursday, February 1st 1:30 – 4:30 pm
2. SAA Monthly Check-In February 9th 10:00 – 12:00 (hosted by CSAA)
3. HB 872 Commission Meeting – in Great Falls – Tuesday, March 5th 9:00 – 6:00 pm
4. Children’s and Family (CFHHS) Interim Committee Meeting – March 12th and 13th
5. HB 872 Commission Meeting – in Havre – Thursday, March 28th and Friday, March 29th

VII. Parking Lot

1. ADART

VIII. Resources

1. Fentanyl Documentary “Dead On Arrival” <https://www.youtube.com/watch?v=hTpQe4eDPRg>
2. HB 872 Commission Website: <https://dphhs.mt.gov/FutureGenerations/Commission>
3. DPHHS Montana Suicide Prevention Program Website: <https://dphhs.mt.gov/assets/MedicaidTribalConsultation/May2022/MontanaSuicidePreventionProgram.pdf>
4. MHA 2023 Culture, Community & Connection: [BIPOC Mental Health Outreach Toolkit](https://www.montana.gov/BIPOC-Mental-Health-Outreach-Toolkit)
5. Map of Montana Tribes and Digital Archives: <https://montanatribes.org/>
6. Office of the Governor Indian Affairs: <https://tribalnations.mt.gov/Directory/BlackfeetNation>
7. [MHA Report: The State of Mental Health in America:](https://www.mha.org/reports/the-state-of-mental-health-in-america)
8. Website on State-Run Health Care Facilities: <https://dphhs.mt.gov/healthcarefacilities/>
9. Prevention Technology Transfer Center Network trainings: <https://pttcnetwork.org/centers/global-pttc/training-and-events-calendar>

IX. Next Meeting Friday, February 23, 2024 8:30 – 10:30 am

Upcoming Meetings for CSAA Board Members and interested parties:

February 2024

Friday	1/26/2024	CSAA Board Meeting (Central SAA)	8:30-10:30
Thursday	2/1/2024	Behavioral Health Advisory Council (BHAC)	1:30-4:30
Friday	2/2/2024	CSAA Workgroup	8:30-10:00
Wednesday	2/7/2023	MESAA Board Meeting (Eastern SAA)	1:00-3:00
Friday	2/9/2023	CSAA Workgroup	8:30-9:45
Friday	2/9/2023	SAA Monthly Check-In (CSAA hosting)	10:00-12:00
Wednesday	2/14/2024	WSAA Board Meeting (Western SAA)	10:00-12:00
Friday	2/16/2023	CSAA Workgroup	8:30-10:00
Friday	2/23/2024	CSAA Board Meeting	8:30-10:30

March 2024

Friday	3/1/2024	CSAA Workgroup	8:30-10:00
Tuesday	3/5/2024	HB 872 Commission Meeting- Great Falls/Virtual	9:00-5:00
Thursday	3/7/2024	Behavioral Health Advisory Council (BHAC)	1:30-4:30
Friday	3/8/2023	CSAA Workgroup	8:30-9:45
Friday	3/8/2023	SAA Monthly Check-In	10:00-12:00
Tuesday	3/12/2024	Children’s (CFHHS) Interim Committee Meeting	8:30-
Wednesday	3/13/2024	Children’s (CFHHS) Interim Committee Meeting	8:30-
Friday	3/15/2024	CSAA Workgroup	8:30-10:00
Friday	3/22/2024	CSAA Board Meeting	8:30-10:30
Thursday	3/28/2024	HB 872 Commission Meeting-Havre/Virtual	12:00-5:00
Friday	3/29/2024	HB 872 Commission Meeting-Havre/Virtual	9:00-1:00
Friday	3/29/2024	CSAA Workgroup- ATTEND COMMISSION MTG	NO MEETING

LINKS TO UPCOMING MEETINGS

<p>BHAC Council Meeting - First Thursday of the Month (Thursday, February 1st 1:30-4:30)</p> <p>Microsoft Teams meeting</p> <p>Join on your computer or mobile app Click here to join the meeting</p> <p>Join with a video conferencing device 291818717@t.plcm.vc Video Conference ID: 113 976 156 1 Alternate VTC instructions</p> <p>Or call in (audio only) +1 406-318-5487, 44676710# United States, Billings Phone Conference ID: 446 767 10#</p>

Next HB 872 Commission Meetings (and virtually)

<https://dphhs.mt.gov/FutureGenerations/BHDDAAlternativeSettingsProject>

March 5th 9:00 am – 6:00 pm – Great Falls

March 28th 12:00 – 5:00 pm – Havre

March 29th 9:00 am – 1:00 pm – Havre

2023-2024 Children, Families, Health and Human Services Interim Committee (CFHHS)
<https://leg.mt.gov/committees/interim/cfhhs/>

Previous Meetings [Recordings and Addendums](#)

MSU Trainings Schedule

<https://healthinfo.montana.edu/events-training/index.html>

**Montana Office of Rural Health and Area
Health Education Center**

Montana State University

Director:

Kailyn Mock

Phone: 406-994-7709

kailyn.mock@montana.edu

Question, Persuade, Refer (QPR)

Monday, February 5 11:00 am – 12:00 pm

[Click here to register.](#)

Montana Office of Rural Health | Behavioral Health Related Trainings

<https://healthinfo.montana.edu/bhwet/schedule.html>

Natalie Wheeler (she/her)

Behavioral Health Project and Training Coordinator

Montana Office of Rural Health | Areal Health Education Center

406-994-6858 natalie.wheeler@montana.edu

- **MOAB T4T:** Dates are [June 28th](#) and [August 10th](#). The training will be virtual and participants will be certified to instruct the one day de-escalation course. Limit of 2 people per organization.
- **tMHFA T4T:** Dates are dependent upon people's schedules. The training will be a 3 day virtual training. [Learn more about what tMHFA is here.](#) I have attached a flyer that you are welcome to share with people. [I have opened a waiting list for the training here.](#)
- **YMHFA/MHFA T4T:** [Fill out our scholarship form here](#) and I will reach out to you to set up a training that works with your schedule!
- **SafeTALK/ASIST:** Stay tuned for updates coming later this year!
- Any other trainings- [view our schedule here](#)

Lewis and Clark Training Opportunities

For more information or to register: <https://lcsuicideprevention.org/upcoming-training-opportunities/>

Tues., Jan. 30: Suicide Bereavement Support Group, 6:30 p.m. in the 1,2,3 room at St. Peter's Health, 2475 E. Broadway St. Provided by Breathe, Let's Start a Conversation, this monthly suicide loss support group meets on the fourth Tuesday of every month. For more information, please contact Gloria Soja at (406) 545-8645 or Jason McNees at (406) 475-5003 or visit <https://www.facebook.com/breathemontana>.

Thurs., Feb. 1: Poetry as Strength, 5:30 – 6:30 p.m., virtual. Join Tamarack Grief Resource Center for its Virtual Winter Roundtable. During this session, participants will bring a favorite poem that speaks to or inspires them through their journey of loss and healing. [Register here.](#)

Thurs., Feb. 15: Journaling with Grief 5:30 – 6:30 p.m., virtual. Join Tamarack Grief Resource Center for its Virtual Winter Roundtable. During this session, participants will explore the value of grief journaling, share tips and practice with writing prompts. [Register here.](#)

Tues., Feb. 20: AFSP 101, 7 – 8 p.m., virtual. Join the American Foundation for Suicide Prevention for a Virtual Orientation to learn more about who AFSP is at the National and local levels. They'll also share how you can get involved with the fight to stop suicide. The Montana and Wyoming Chapters will host these on the Third Tuesday of every month. The content is the same each day. You only need to attend one. [Register here.](#)

Mountain Plains (HHS Region 8) MHTTC

<https://mhttcnetwork.org/centers/content/mountain-plains-mhttc>

MHTTC provides training, resources, and technical assistance to individuals serving persons with mental health disorders, particularly those with limited access to service delivery systems, like rural and agricultural communities. Providing free, innovative, and accessible learning opportunities on research-based practices, they seek to help you better serve your communities, staff, and patients. MHTTC serves Montana, Colorado, North Dakota, South Dakota, Utah, and Wyoming.

Understanding College Mental Health Needs and Solutions in 2024 (Session 2)

Thursday, January 25 12:00 pm – 1:00 pm [Click here to register.](#)

Youth Anxiety, Stress, and Worry: What is Typical?

Tuesday, January 30 1:00 pm – 2:30 pm [Click here to register](#)

Recognizing, Preventing, and Treating Youth Depression in Schools

Wednesday, February 7 1:00 pm – 2:30 pm [Click here to register.](#)

National Council for Mental Wellbeing Webinars TheNationalCouncil.org

Mental Health First Aid Courses MHFA.org

- [Adult MHFA](#)
- [Adult MHFA for Spanish-speaking Communities](#)
- [Adult MHFA for Public Safety](#)
- [Adult MHFA for Corrections Professionals](#)
- [Adult MHFA for Fire/EMS](#)

- [Adult MHFA for Military, Veterans and Their Families](#)
- [Adult MHFA for Older Adults](#)
- [Adult MHFA for Rural Communities](#)
- [Adult MHFA for Higher Education](#)

- [Youth MHFA](#)
- [Youth MHFA for Spanish-speaking Communities](#)
- [Youth MHFA for Tribal Communities and Indigenous Peoples](#)
- [teen MHFA](#)
- [MHFA at Work](#)

Acronym Key

BHAC	Behavioral Health Advisory Council
BHAM	Behavioral Health Alliance of Montana
BHDD	Behavioral Health Behavioral Health and Disabilities Division
CSAA	Central Service Area Authority
DPHHS	Department of Public Health and Human Services
ECHO	Extension for Community Healthcare Outcomes
HB 872	Behavioral Health System for Future Generations Committee
HBSFG	Behavioral Health System for Future Generations Committee
LAC	Local Advisory Council
MHA	Mental Health of America
MHFA	Mental Health First Aid
MHFA T4T	Mental Health First Aid Training for Trainers
MHTTC	Mental Health Technology Transfer Center
MSU	Montana State University
NAMI	National Alliance on Mental Illness
RFI	Request For Information
SAA	Service Area Authority
SAMSA	Substance Abuse and Mental Health Services Administration
TMHFA	Teen Mental Health First Aid
YMHFA	Youth Mental Health First Aid