

# **Central Service Area Authority Board Meeting**

centralsaamontana.org

June 30, 2023 8:30 am – 10:30 am

Zoom Meeting

All Central Service Area Authority (CSAA) Board meetings are open to the public

PUBLIC COMMENT STATEMENT: In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment

**Statutory purpose**: To collaborate with the BHDD and LAC's, to promote consumer and family leadership, and to foster individual choice and access to a continuum of mental health services in the Central Service Area.

**Statutory duties:** (1) Collaborate with the BHDD on the planning, implementation, and evaluation of the mental health system. (2) Submit a biennial review and evaluation of mental health service needs and services within the service area. (3) Review and monitor crisis intervention programs within the service area.

#### **CSAA Minutes**

Meeting called to order: The meeting was officially called to order at 8:34 am by Crystal Laufer

**Board Members Present**: Crystal Laufer (Hill), Gilberta Belgarde (Chippewa Cree Wellness Coalition), Bob Mullen (Jefferson), Tom Peluso (Gallatin), Jolene Jennings (Lewis & Clark), Melinda Holom (Broadwater and Peer Recovery Coach), Greg Tilton (Cascade), Matt Furlong (Lewis & Clark), Shirley Kaufman (Gallatin), Tina Mord (Blaine), Pat Moritz (Broadwater)

Board Members Absent: Jennifer Whitfield (Cascade County), Curtis Smeby (Hill), Julie Anderson (Park)

**Staff:** Lori Reynolds (CSAA Administrative Support) **Guests:** Darby Salmond (Teton), Brent Morris (ESAA)

BHDD: Rebecca de Camara (DPHHS Administrator - Operations, Treatment, DD, Children's MH, Prevention,

Suicide Prevention), John Tabb (988 and Suicide Prevention Program Specialist)

MH Ombudsman: Dennis Nyland

Board of Visitors: Jeremy Hoscheid (absent)

#### Votes:

### **Meeting Minutes**

The May CSAA Minutes were approved via email with revisions mentioned in the board meeting.

Matt discussed that in the past there was a Children's Mental Health person who attended our meetings. Matt and Rebecca discussed funding for Children's Mental Health. Rebecca discussed the instate providers for children and that there will always be some need to send kids out of state for specialized care. Rebecca discussed there was legislation passed that would make it more appealing for in-state providers to serve the more challenging kids.

### **Treasurer's Report**

The beginning balance in June was \$226,365.89. Ending balance as of June 30, 2023, was \$226,240.89. Matt made a motion to accept the report as made and file for audit. Pat seconded the motion. Motion carried.

#### **Public Comment:**

No public comments

#### **New Business**

#### **988 UPDATE**

**Guest Speaker: John Tabb, Program Manager for 988 Implementation** (6:22 – 32:33)

988 is intended to be a counterpart to 911; when someone calls 911 for law enforcement or emergency medical support; 988 serves a similar purpose when a person is in mental health crisis or suicidal crisis. July 16<sup>th</sup> marks the one-year anniversary since starting the program. Montana has over a 96% answer rate for 988 and is number one in the nation. John discussed the challenges that are still being dealt with and still need support. He reported that it is important to update the local 211 with accurate information for each county. Marketing is another factor that needs growth.

Jolene mentioned a problem that comes up is that we need to get the word out that 911 is who should be called if someone is in danger to themselves or others rather than calling 988. She asked what the future funding of the program looks like.

John said sustainable funding, that can be renewable year after year so the call centers can increase their workforce, is a challenge. They have gotten significant funding from the state and SAMHSA for capacity building and are in the process of applying for a SAMHSA grant for 98 capacity development which would get us through 2026.

Gilberta asked about whether the tribal communities are included in the current 988 efforts. Rebecca and Gilberta discussed the warmline that is in Rocky Boy. John said they are working with 4 tribal communities who are grant recipients for the 988 program. Fort Peck is serving as the pilot and is working with Voices of Hope in Great Falls for providing accreditation and training, and for telephony support to build capacity.

If anyone is interested in receiving 988 supplies to hand out, send John Tabb john.tabb@mt.gov your address.

### Mini Grants

**NAMI Havre** – Jolene motioned to approve the NAMI Havre Mini Grant. Matt seconded it. Motion Passed. **Cascade County** – there was discussion on the way it was written. Pat made a motion to table it until we have further information. Bob seconded it. Motion passed.

**Park County-** Tom discussed that he talked with Amy the night before. Discussion continued about it. Jolene motioned that we request they send an update of information to their Mini Grant request. Pat seconded it. Motion was approved.

**ADART** - There was discussion around implementing the resurrection of the Admission and Discharge Review Team (ADART).

### **Ongoing Business**

### BHDD Update: Rebecca rdecamara@mt.gov

House Bill 872 is in the process of assigning and nominating the Commission for the \$300 million. Director Bereten will be on it for DPHHS. A focus that the department has is on crisis services, as well as children's mental health, particularly school-based services. They are working on implementing the HEART Initiative. There is the 1115 Demonstration Waiver, a tool that the state uses to provide Medicaid reimbursable services in a different way than the current Medicaid services have to be provided, for example, they are looking at being able to provide Medicaid reimbursement in either the Montana State Prison or Montana Women's Prison thirty days prior to discharge to be able to provide a warm handoff into the community. Another example is in tenancy services, for housing stabilization services. She stated that they have grants that go to tribes annually and great work being done in behavioral health services. She discussed the Certified Community Behavioral

Health Clinic (CCBHC) grant that they're in the process of implementing. They are also implementing the additional legislation that has passed. She said they are well staffed.

### Ombudsman Update: Dennis Nyland <a href="mailto:dnyland@mt.gov">dnyland@mt.gov</a>

Dennis reported that there has been an uptick on phone calls with people scrambling to try to find services. Several calls from families whose loved ones are in jail trying to get their meds. They just had their second Crisis Intervention Team (CIT) training academy in Libby. They were supposed to do CIT training in Montana State Prison but there weren't enough participants. There will be 17 academies this year.

### Board of Visitors: Jeremy Hoscheid jeremy.hoscheid@mt.gov

Dennis reported on behalf of Jeremy Hoscheid that they did a site visit to Many Rivers Whole Health in Great Falls visiting with clients and staff. The next Board of Visitor meeting is July 10<sup>th</sup>.

#### LAC UPDATE

## **Teton County**

Darby chatted that she is bringing Youth Mental Health First Aid to a couple health departments and is partnering with other prevention specialists to do trainings across Teton County. They're doing QPR for the local Court Appointed Specialist Advocate (CASA) and law enforcement.

#### **Parking Lot**

Meeting was adjourned at 10:37 am.

Next Meeting Friday, June 23 8:30 – 10:30 am

**Table 1. List of Acronyms** 

BHDD	Behavioral Health Behavioral Health and Disabilities Division
988	National Suicide Prevention and Mental Health Hotline
ADART	Admission and Discharge Review Team
CASA	Court Appointed Specialist Advocate
CCBHC	Certified Community Behavioral Health Clinic
CIT	Crisis Intervention Team
CSAA	Central Service Area Authority
DPHHS	Department of Health and Human Services
HEART Fund	Healing and Ending Addiction through Recovery and Treatment
LAC	Local Advisory Council
MCA	Montana Code Annotated
MH	Mental Health
MHA OF MT	Mental Health of America of Montana
NAMI	National Alliance on Mental Illness
QPR	Question, Persuade, Refer-Suicide Prevention Training
SAMHSA	Substance Abuse and Mental Health Services Administration

Vimeo Link to CSAA May 2023 Board Meeting Video: <a href="https://vimeo.com/user171736338/csaa-june-2023-board-meeting?share=copy">https://vimeo.com/user171736338/csaa-june-2023-board-meeting?share=copy</a>

### **Updates from Jennifer Whitfield via email:**

BHAC – I was not able to attend in full as it was my daughter's 8<sup>th</sup> grade graduation, so really have more topics than full discussion. Should have the meeting minutes next week to provide to you all for dispersal to the CSAA.

Next meeting is Thursday, July 6th, 130-430pm via Zoom

Reviewed updates from WSAA, CSAA, ESAA

Spent time reviewing the BHAC Board Application and process of recruitment

Reviewed and took nominations for new chair, co-chair – this will be finished in process through email and announcement at next BHAC meeting

Block Grant Updates: SUPTRS (Substance Use Prevention, Treatment, and Recovery Services), MHBG (Mental Health Block Grant) and 988 Call Centers

Youth Crisis Subcommittee – talk on the Hope Squad as an evidence-based practice peer-to-peer suicide prevention course in the schools

Crisis Subcommittee – lost members, but able to recruit two new ones, so will be adjusting date and time to resume in July

Criminal Justice Subcommittee – not operational at this time

Executive Subcommittee – nothing to report at this time

### **Cascade County Mental Health Local Advisory Council**

Board Membership: able to fill 2 of the 3 vacant positions and have received County approval

Mini-Grants: completed, Jennifer will ensure funds were distributed to awardees.

Application to CSAA for more funds still pending announcement

### Lifestyles Montana Magazine Articles

 Greg has continued contact with Hope Good of Lifestyles Magazine. He and Randy meet with her and Tim Lee later this week for more details in respect to timing, topics, etc...updates will be provided soon. Greg shared updates on what has been discussed thus far.

#### Website/Facebook

• Jennifer reported that she and Ginny continue working on getting control of the Facebook page. It has been a struggle thus far.

#### Representative Reports from:

North Central MT – Crisis Intervention Collaborative (NCMT-CIC)

Central Service Area Authority CSAA Report

MT Peer Network Report

Healthy Lives Vibrant Futures

Behavioral Health Advisory Council (BHAC) Report

National Alliance on Mental Illness (NAMI)

North Central Independent Living (NCILS)/Library/Provider Project

### Many Rivers Whole Health (MRWH):

Application for CCBHC-IA grant completed, award announcement in August

Hired 4 new therapists and 3 new LACs in last month

Still in a workforce shortage, both internal and external strategies being worked

Board of Visitors site visit last week in Great Falls, from MRWH perspective went very well

HB 2 approved and some new rate adjustments taking place effective July 1<sup>st</sup> – helpful to the budget, but not quite fully there yet

Soft close of 3.1 SUD women's home in Kalispell as due to cost of living could not hire staff to meet Administrative Rule

Soft close of Day Treatment services in Havre as employee retired and only 6 clients attending with very limited referrals, could not sustain program at this time as volume sensitive