



Central Service Area Authority
October/November Board Meeting
centralsaamontana.org

Friday, November 1st 8:30 am – 10:30 pm
ZOOM ONLY

All Central Service Area Authority (CSAA) Board meetings are open to the public.

PUBLIC COMMENT STATEMENT: In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment.

Statutory purpose: *To collaborate with the BHDD and LAC's, to promote consumer and family leadership, and to foster individual choice and access to a continuum of mental health services in the Central Service Area.*

Statutory duties: *(1) Collaborate with the BHDD on the planning, implementation, and evaluation of the mental health system. (2) Submit a biennial review and evaluation of mental health service needs and services within the service area. (3) Review and monitor crisis intervention programs within the service area.*

Join Zoom Meeting

<https://us02web.zoom.us/j/81459830502?pwd=SkxrZk9NaVdPOWhTZkJwVnUrQWs0UT09>

Meeting ID: **814 5983 0502**

By phone: **253 215 8782**

Passcode: **515825**

Agenda

I. Call to Order

- Check In/Quorum/Introductions (5 minutes)
- Meeting Minutes (5 minutes)
- Budget/Treasurer's Report (review for approval) (5 minutes)
 - a. Treasurer's Report
 - b. Insurance Renewal
 - c. Expenses being processed

II Public Comment (10 minutes)

III. New Business (30 minutes)

1. Updated Schedule for CSAA Meetings (See Chart Below)
2. Affordability Connect Program for Internet Service

IV. Ongoing Business (25 minutes)

1. Reminder to turn in your Request for LAC/Tribal Distribution of Funds by November 25th
2. SAA Updates
3. HB 872 Commission Update
4. MAP Update
5. Montana Service Area Authority Summit Update
6. NAMI Montana Conference Update

V. Updates (40 minutes)

- a. BHDD
 - Dan Laughlin – Prevention (Mental Health Block Grant)
 - Rebecca de Camara - DPHHS Administrator (Operations, Treatment, DD, Children's MH, Prevention, Suicide Prevention)

- b. Ombudsman
- c. Board of Visitors
- d. WSAA (Counties in CSAA)
- e. LAC's
- f. Provider's (NAMI, Many Rivers Whole Health, MHA of MT, etc.)

VI. Announcements

- 1. MESAA Board Meeting November 1st 1:00 – 3:00
- 2. Montana Peer Network-Family First Wednesdays Webinar – November 1st. 12:00 – 1:00 [To Register](#)
- 3. Veteran Suicide Prevention Summit – Nov. 2nd 11:00 – 4:45 (MST) [To Register](#)
- 4. HB 872 Commission Meeting – Nov. 30th and Dec. 1st in Kalispell (see times below)

VII. Parking Lot

- 1. ADART

VIII. Resources

- 1. Fentanyl Documentary “Dead On Arrival” <https://www.youtube.com/watch?v=hTpQe4eDPRg>
- 2. HB 872 Commission Website: <https://dphhs.mt.gov/FutureGenerations/Commission>
- 3. DPHHS Montana Suicide Prevention Program Website:
<https://dphhs.mt.gov/assets/MedicaidTribalConsultation/May2022/MontanaSuicidePreventionProgram.pdf>
- 4. MHA 2023 Culture, Community & Connection: [BIPOC Mental Health Outreach Toolkit](#)
- 5. Map of Montana Tribes and Digital Archives: <https://montanatribes.org/>
- 6. Office of the Governor Indian Affairs: <https://tribalnations.mt.gov/Directory/BlackfeetNation>
- 7. BHDD_2022 Gaps & Services-Lived Experience in the Behavioral Health Crisis Response System:
<https://jgresearch.org/wp-content/uploads/2022/08/Behavioral-health-crisis-system-lived-experience-in-Montana.pdf>
- 8. [MHA Report: The State of Mental Health in America:](#)
- 9. BHAM Platform for 2023 Legislative Session: <https://montanabehavioralhealth.org/advocacy/>
a. Mary Windecker: <https://montanabehavioralhealth.org/about/staff/>
- 10. Website on State-Run Health Care Facilities: <https://dphhs.mt.gov/healthcarefacilities/>
- 11. NAMI National May 2022 Crisis Research – to view report: <https://www.nami.org/NAMI/media/NAMI-Media/Research/NAMI-Crisis-Services-Focus-Group-Study-Report-FA.pdf>
- 12. Prevention Technology Transfer Center Network trainings: <https://pttcnetwork.org/centers/global-pttc/training-and-events-calendar>

IX. Next Meeting Friday, December 15, 2023

Upcoming Meetings for CSAA Board Members and interested parties:

Friday	10/27/2023	No October CSAA Board Meeting	NO MEETING
Wednesday	11/1/2023	CSAA November Board Meeting	8:30-10:30
Thursday	11/2/23	Behavioral Health Advisory Council (BHAC)	1:30-4:30
Friday	11/3/2023	No Friday Workgroup Meeting	NO MEETING
Friday	11/10/2023	Friday Workgroup (Veterans' Day)	8:30-10:00
Friday	11/17/2023	Friday Workgroup	8:30-9:45
Friday	11/17/2023	SAA Monthly Meeting	10:00-12:00
Friday	11/24/2023	No CSAA Meeting (Thanksgiving)	NO MEETING
Thursday	11/30/2023	Commission Meeting (Kalispell)	12:00-5:00
Friday	12/1/2023	Commission Meeting (Kalispell)	9:00-1:00
Friday	12/1/2023	Friday Workgroup CANCEL DUE TO COMMISSION	NO MEETING
Friday	12/8/2023	Friday Workgroup	8:30-9:45
Friday	12/8/2023	SAA Monthly Meeting	10:00-12:00
Friday	12/15/2023	CSAA December Board Meeting	8:30-10:30
Friday	12/22/2023	Friday Workgroup	8:30-10:00
Friday	12/29/2023	No Friday Workgroup (Christmas/New Years)	NO MEETING

January 2024 CSAA Meetings

Wednesday	1/3/2023	MESAA Board Meeting (Eastern SAA)	1:00-3:00
Thursday	1/4/2024	Behavioral Health Advisory Council (BHAC)	1:30-4:30
Friday	1/5/2024	CSAA Workgroup	8:30-10:00
Wednesday	1/10/2024	WSAA Board Meeting (Western SAA)	10:00-12:00
Friday	1/12/2023	CSAA Workgroup	8:30-9:45
Friday	1/12/2024	SAA Monthly Check In	10:00-12:00
Friday	1/19/2024	CSAA Workgroup	8:30-10:00
Friday	1/26/2024	CSAA Board Meeting (Central SAA)	8:30-10:30

LINKS TO UPCOMING MEETINGS

BHAC Council Meeting - First Thursday of the Month

(Thursday, November 2nd 1:30-4:30)

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Join with a video conferencing device

[291818717@t.plcm.vc](tel:291818717)

Video Conference ID: 113 976 156 1

[Alternate VTC instructions](#)

Or call in (audio only)

[+1 406-318-5487](tel:+14063185487), [44676710#](tel:+140676710) United States, Billings

Phone Conference ID: 446 767 10#

Next HB 872 Commission Meeting in Kalispel (and virtually)

<https://dphhs.mt.gov/FutureGenerations/BHDDAlternativeSettingsProject>

Nov. 30th (12:00 – 5:00)

Dec. 1st (9:00 – 1:00)

Behavioral Health and Developmental Disabilities Alternative Settings Project

<https://dphhs.mt.gov/FutureGenerations/BHDDAlternativeSettingsProject>

The Behavioral Health and Developmental Disabilities Alternate Settings Project is focused on developing proposed alternative service delivery methods and practices that provide a quality continuum of care across Montana. This includes designing needed services and estimating provider rates/costs to establish a plan for implementing alternative settings. The plan will focus on reducing the dependency on state-run behavioral health facilities.

Community and stakeholder engagement will be a vital component of the development of alternative service delivery methods and practices. Similar to the Medicaid Provider Rate Study process, this project will rely upon input from several committees and workgroups, separate from the broader BHSFG Commission as established by House Bill 872. To enable robust stakeholder participation all workgroup and committee meetings are open to the public and provide time for public comment. The community and stakeholder engagement structure will consist of the following four groups:

- **Alternative Settings Steering Committee** - charged with utilizing workgroup recommendations and providing valuable information and strategic input that contributes to the development of a long-term strategic plan.
- **Continuum of Care Subcommittee** - tasked with identification of services to develop a comprehensive and seamless system of care for individuals with behavioral health needs in both urban and rural/frontier areas.
- **Access Subcommittee** - entrusted with the task of identifying and addressing the barriers to accessing behavioral health services in both urban and rural/frontier areas.
- **Workforce Subcommittee** - responsible for identifying and addressing the workforce needs and challenges within the behavioral health sector.

Rescheduling November Meetings To meet needs expressed by members and the study team, we will be re-scheduling the November Steering Committee and Subcommittee meetings for the Behavioral Health and Developmental Disabilities Alternative Settings project to the following dates:

Committee	Date	Time
Continuum of Care	December 4, 2023	8:00 am – 10:30 am
Access	December 5, 2023	8:00 am – 10:30 am
Workforce	December 6, 2023	8:00 am – 10:30 am
Steering Committee	December 20, 2023	8:00 am – 10:30 am

MSU Trainings Schedule

<https://healthinfo.montana.edu/events-training/index.html>

Maternal Mental Health Learning Clinic

Wednesday, May 31 12:00

Montana Office of Rural Health and Area Health Education Center

Montana State University

Director:

Kailyn Mock

Phone: 406-994-7709

kailyn.mock@montana.edu

QPR

Monday, November 4 11:00 am – 12:00 pm

[Click here to register.](#)

Youth Mental Health First Aid

Saturday, November 11 9:00 am – 3:00 pm

[Click here to register.](#)

Friday, December 15 9:00 am – 4:00 pm

[Click here to register.](#)

Screening, Brief Intervention, and Referral for Treatment for Adults (SBIRT)

Thursday, November 16 8:00 am – 12:00 pm Click here to register: <https://www.mtpca.org/events/sbirt/>

Montana Office of Rural Health | Behavioral Health Related Trainings

<https://healthinfo.montana.edu/bhwet/schedule.html>

Natalie Wheeler (she/her)

Behavioral Health Project and Training Coordinator

Montana Office of Rural Health | Areal Health Education Center

406-994-6858 natalie.wheeler@montana.edu

- MOAB T4T: Dates are [June 28th](#) and [August 10th](#). The training will be virtual and participants will be certified to instruct the one day de-escalation course. Limit of 2 people per organization.
- tMHFA T4T: Dates are dependent upon people's schedules. The training will be a 3 day virtual training. [Learn more about what tMHFA is here.](#) I have attached a flyer that you are welcome to share with people. [I have opened a waiting list for the training here.](#)
- YMHFA/MHFA T4T: [Fill out our scholarship form here](#) and I will reach out to you to set up a training that works with your schedule!
- SafeTALK/ASIST: Stay tuned for updates coming later this year!
- Any other trainings- [view our schedule here](#)

Lewis and Clark Training Opportunities

For more information or to register: <https://lcsuicideprevention.org/upcoming-training-opportunities/>

Thurs., Nov. 2: Living Legacy, virtual roundtable, 5:30 p.m. During this event provided by Tamarack Grief Resource Center, participants will explore how to continue to honor and gain strength from relations with those they've lost. [Register here.](#)

Fri., Nov. 3: Suicide Survivor Support Group, virtual, free. Noon. Charlie Health's Clinical Director, Ann Matino, will host a free online support group on the first and third Friday of each month. This is a safe space for anyone who has been affected by the loss of a loved one to suicide to share stories, build community, and create a support system. [Register here.](#)

Tues., Nov. 15: Rocky Mountain Volunteer 101, 7 – 8 p.m., virtual. Join the American Foundation for Suicide Prevention for a Virtual Orientation to learn more about who AFSP is at the National and local levels. They'll also share how you can get involved with the fight to stop suicide. The Montana and Wyoming Chapters will host these on the Third Tuesday of every month. The content is the same each day. You only need to attend one. [Register here.](#)

Thurs., Nov. 16: Grief Amidst the Holidays, virtual roundtable, 5:30 p.m. During this event provided by Tamarack Grief Resource Center, participants will look at holiday traditions and how to get rid of stress, pick up new tools for coping and find new ways to honor what is most important to them. [Register here.](#)

Fri., Nov. 17: Suicide Survivor Support Group, virtual, free. Noon. Charlie Health's Clinical Director, Ann Matino, will host a free online support group on the first and third Friday of each month. This is a safe space for anyone who has been affected by the loss of a loved one to suicide to share stories, build community, and create a support system. [Register here.](#)

Sat., Nov. 18: International Survivors of Suicide Loss Day, 9 a.m. – 12 p.m., Montana State Capitol Rotunda. International Survivors of Suicide Loss Day is an event in which survivors of suicide loss come together to find connection, understanding, and hope through their shared experiences. Resources will be available from 9 a.m. – noon, and the Survivor Day program will run from 9:30 – 11:30 a.m. A continental breakfast will be served. Register at <https://helena-montana.isosld.afsp.org/>

Tues., Nov. 28: Suicide Bereavement Support Group, 6:30 p.m. in the 1,2,3 room at St. Peter's Health, 2475 E. Broadway St. Provided by Breathe, Let's Start a Conversation, this monthly suicide loss support group meets on the fourth Tuesday of every month. For more information, please contact Gloria Soja at (406) 545-8645 or Jason McNees at (406) 475-5003 or visit <https://www.facebook.com/breathemontana>.

Mountain Plains (HHS Region 8) MHTTC

<https://mhttcnetwork.org/centers/content/mountain-plains-mhttc>

MHTTC provides training, resources, and technical assistance to individuals serving persons with mental health disorders, particularly those with limited access to service delivery systems, like rural and agricultural communities. Providing free, innovative, and accessible learning opportunities on research-based practices, they seek to help you better serve your communities, staff, and patients. MHTTC serves Montana, Colorado, North Dakota, South Dakota, Utah, and Wyoming.

Mindful Monday – Experiential Mental Health Practices: Creativity and the Inner Circle

Monday, November 6 12:00 – 12:30 pm [To Register](#)

Mindful Monday – Experiential Mental Health Practices: Self Compassion HEAL Acronym

Monday, November 20	12:00 – 12:30 pm	To Register
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Mindful Monday – Experiential Mental Health Practices: Boundary Meditation

Monday, December 4 12:00 – 12:30 pm [To Register](#)

National Council for Mental Wellbeing Webinars TheNationalCouncil.org

Mental Health First Aide Courses [MHFA.org](https://www.mhfa.org)

- [Adult MHFA](#)
- [Adult MHFA for Spanish-speaking Communities](#)
- [Adult MHFA for Public Safety](#)
- [Adult MHFA for Corrections Professionals](#)
- [Adult MHFA for Fire/EMS](#)

- [Adult MHFA for Military, Veterans and Their Families](#)
- [Adult MHFA for Older Adults](#)
- [Adult MHFA for Rural Communities](#)
- [Adult MHFA for Higher Education](#)

- [Youth MHFA](#)
- [Youth MHFA for Spanish-speaking Communities](#)
- [Youth MHFA for Tribal Communities and Indigenous Peoples](#)
- [teen MHFA](#)
- [MHFA at Work](#)

Center for Workforce Solutions: Reimagining Our approach to the Workforce Crisis

Wednesday, November 15

2:00 – 4:00 pm (MT)

[To Register](#)

Equity in Action: Preserving Cultural Identity and Traditions in Native American Heritage

Thursday, November 16

3:00 – 4:00 pm (MT)

[To Register](#)

..... Acronym Key

BHAC	Behavioral Health Advisory Council
BHAM	Behavioral Health Alliance of Montana
BHDD	Behavioral Health Behavioral Health and Disabilities Division
CSAA	Central Service Area Authority
DPHHS	Department of Public Health and Human Services
ECHO	Extension for Community Healthcare Outcomes
HB 872	Behavioral Health System for Future Generations Committee
HBSFG	Behavioral Health System for Future Generations Committee
LAC	Local Advisory Council
MHA	Mental Health of America
MHFA	Mental Health First Aid
MHFA T4T	Mental Health First Aid Training for Trainers
MHTTC	Mental Health Technology Transfer Center
MSU	Montana State University
NAMI	National Alliance on Mental Illness
RFI	Request For Information
SAA	Service Area Authority
SAMSA	Substance Abuse and Mental Health Services Administration
TMHFA	Teen Mental Health First Aid
YMHFA	Youth Mental Health First Aid