



Central Service Area Authority Board Meeting

centralsaamontana.org

July 26, 2013 10 am- 3 pm

2401 Colonial Drive, Helena, MT

All Central Service Area Authority (CSAA) Board meetings are open to the public.

PUBLIC COMMENT STATEMENT: In accordance with 2-3-103(1), MCA, the CSAA Board will hold a public comment period. The Open Forum is the public's opportunity to address the Board on any public mental health issue. While the Board cannot take action on the issues presented, the Board will listen to comments and may place the issue on a subsequent agenda for possible action. The Chairperson of the meeting determines the amount of time allotted for public comment

Statutory purpose: *To collaborate with the AMDD and LAC's, to promote consumer and family leadership, and to foster individual choice and access to a continuum of mental health services in the Central Service Area.*

Statutory duties: *(1) Collaborate with the AMDD on the planning, implementation and evaluation of the mental health system. (2) Submit a biennial review and evaluation of mental health service needs and services within the service area. (3) Review and monitor crisis intervention programs within the service area.*

Minutes

I. Meeting called to order: The meeting was officially called to order at 10:15 a.m. by Andrea Lower

Board Members: Andrea Lower, Sydney Blair, Andrea Lower, Tom Peluso, Betsy Garrigues. Brian Garrity, John Wilkinson, Mike Murray, Dr. Jodi Daly, Roger McConnell, Lenore Stiffarm.

AMDD: COP Jane Wilson, CPO Kenny Bell, Kristi Rydeen and guest speaker AMDD Bureau Chief, Deb Matteucci.

Absent: Brett Linneweber (Ex), Crystal Evans (Ex), Sally Miller (VA rep.) James Gustafson (Ex), Jeanette Kotecki (Ex), Cindy Smith (Ex), Tammy Kevwitch (Ex), Jill Brodin (Ex)

Guest: Ray Roberts (family)

Check In/Quorum: Andrea Lower called the meeting to order at 10: 15 a.m. A quorum was present.

Public Report: Matt Kuntz was scheduled to be a speaker however he has a funeral in Butte. He will reschedule.

Approval of Minutes: The June, 2013 minutes were reviewed by the board members. Mike Murray motioned for approval with the amended changes. Tom Peluso seconded the motion. The motion carried through vote.

TREASURER'S REPORT: Jodi Daly and Kathy Dunks (WMMHC) passed out the end of the year report. LAC checks for \$ 1,147.48 will be given to those LAC's who requested funds. There are several items that are needed in return for these funds: The person excepting the check must sign on the sheet, they will need the tax I.D. number and a W-9 will need to be filled out. Kathy requested that the checks be cashed soon. The account paid \$38.00 surcharge for a check that was cashed nine months later. June's treasurer reports: we spent \$8,035.16 and ended the year with .02 cents over \$25,000.

Andrea asked for an approval of the treasurers' report; Mike motioned approval, Tom seconded the motion. Andrea asked for a vote, motioned carried.

II. Old Business:

III. New Business:

Annual report: President Andrea Lower handed out the annual report for the CSAA; the board reviewed the report, comment and changes were added. A motion was called for to approve with the discussed changes. Mike motioned that the report be approved with changes, Tom seconded the motion. The motion was passed without opposition or abstained votes.

Discussion of board involvement and activity: Andrea reported the following Board resignations: Louise Living Good, Shelley Edwards and Alicia Smith. She provided data in regard to attendance: 35 people have been absent for the last 6 months, Brett has missed four meetings since January, Shelley Edwards will come to meetings as she can but cannot fulfill the commitment at this time. John Wilkinson suggested that we consider six meetings a year for the following reasons; we would have more time to put together an agenda, the cost and commitment of others. Andrea asked for further discussion. Jodi supported six meetings a year. Tom commented that he feels there is much to do and much work on. Lenore talked about the difficulty during winter months for people from the high line to make the drive down. She suggested tele-communication for those people. Tom feels the communication with each other and AMDD is important. Kristeen Rydeen commented that there is great representation with the ESAA using the tele network for meetings. Go to Meetings.com allows a person to participate by lap top was also suggested for meetings; Jane has had positive experiences with this venue. Lenore suggested a committee to research the options. Jane, Lenore, Betsy and John volunteered to research meeting options. Jane will send out an e-mail to set up a conference call.

Tom Peluso talked about a participating in a "Communication Tree" to communicate on important issues affecting mental health. The phone tree has been discussed for several years. He feels it is integral to our existence; a history of our purpose was discussed. He reminded us we are public servants with a responsibility to advocate for people who are living with a serious and disabling mental illness. It is a daunting task and in many instances lives are at stake. Tom asks us to consider what will be our product? Six years ago the SAA's were instrumental in gaining additional financial support for mental health. MHSP funding was established with the encouragement of the SAA's. Tom feels we are lacking a plan and suggests that we have failed to communicate effectively with those who dictate services namely DPHHS and AMDD. We are a collaborative group, not an advisory group. He suggests there is a partnership involved with AMDD that may lead to tension from time to time, however the tension is healthy. In the process of collaboration there is a bargaining component. He feels we have not always done this successfully. We have a responsibility to report to our share holder's issues and we have a responsibility to collaborate with DPHHS and AMDD our concerns and needs. Our influence as a CSAA is letting them know what our needs and priorities are. Our goal should be to gain influence so that we can be productive; our legislators are a part of this. Kristeen asked Tom to explain what he means by the communication tree. Tom shared a list of contacts that we can use to communicate what our needs are; Tom passed out a list of all the legislators. He suggests that we take affirmative action to update those on the list as to what our specific needs are and if they are being met or not. That means we need to identify what the needs are and communicate it to these people.

IV. Monthly updates:

AMDD: Deb Matteucci, AMDD Bureau Chief was asked about the state's ability to provide tele-communication options such as "Go to Meetings". She provided some information on web x's, internet connections which are primarily hospital oriented. She talked about poor coverage in some areas. The VA installed tele-health communications on each reservation, at least the infra structure is their. It would mean identifying which office or space is available. The equipment that has been installed was funded by the VA's and the priority was to create access to critical hospitals. They will be looking at tying these networks into other health providers such as FQHC's and tie to the larger network level across the state. Kristeen suggested that we can contact Deb in the future to discuss possible networking options.

Veterans Site: <http://montana.networkofcare.org/veterans>

Behavioral Health Site: <http://montana.networkofcare.org/mh>

LAC Reports:

Gallatin County LAC: The LAC did not have a meeting last month. They are working on the Faces project. They applied for the HB 130 money. They do a spread sheet that is reviewed to keep on track to the goals. Jill has addressed the issues around the drop in center and funding. Open access has been limited to certain days and times.

Park County (Livingston): Kenny Bell gave the report for Park County. They are focusing on increasing the membership. They have an action plan they are developing to determine priorities and goals. Silver Bow's LAC has met several times. They are trying to get the message out that they are meeting again.

Helena (Lewis & Clark) LAC: Brian Garrity reported that their LAC is focusing on three primary projects; Drop in Center, Journey Home and Crisis Response Teams. They will be looking at their sustainability to figure out how to keep funding in place. Our Place had a community parking lot sale last Saturday to raise money to support its' cost. NAMI Helena donated \$500 for the over head expenses for the sale. Brian believes they have raised \$1500. The next Our Place advisory meeting will scratch out the process and determine if it was an effective way to make money. It really increased visibility in the community.

Great Falls LAC: Efforts are currently towards reorganizing and revitalizing the LAC to increase involvement.

Havre LAC : No report. Jane reported that Cindy Smith, Director of the Bullhook Clinic, has written a letter of intent for HB 130 funds for peer services and jail assessments. They will do more outreach.

Glacier County: Jane Wilson reported that she met with the county commissioners to talk about the benefits of developing a LAC in Glacier County. Crystal Evans met with the disaster and recovery coalitions to develop a buy in from other agencies to attend the LAC. They believe that by becoming more organized they can expand their mental health services. Jane talked about the need to organize more involvement in the LAC's from the high line. They are considering trying to develop a "high line" consortium.

Hays -TiNellnKiin Center: Lenore Stiffarm reported they are now finished with the Sun Dance. As a result of several events, the LAC's have had numerous guests at their LAC's. The week before Lodge,

the lodge leader passed, which meant a four day ceremony. There were many challenges to the ceremony as a result of the enormous rain, the flooding and the unsafe quality of the water. The lodge leader had mentored several others, so they stepped forward. Lenore talked about his contribution to her and the community. Lenore described the ceremonies and how they conduct the burial. Indigenous women's gathering included women from Toronto as well as tribes from South America. She shared the different ways the tribes heal and their beliefs around healing take place through various rituals. She talked about her own healing and transformation through healing which made way for a new position. She is now the Health Policy and Research Analyst. The Hays Pow Wow will use their LAC funds to provide alternative healing for their the people at the pow wow. They include the veterans because they are the ones who made the largest sacrifice; we provide a ceremony for healing for all. Who is the LAC? It is really the community where everyone comes and shares. Lenore will be submitting a proposal to the mental health trust to acquire grant funds to support an offender reentry program.

FORT BELKNAP: No report

Military report: Roger did not have a report at this time.

PROVIDER REPORTS:

WMMHC: Jodi Daly reported that in Bozeman they have a new manager for the Livingston office, Jamie Grundner. He will be more involved in the Livingston office. They had to cut 33% of their budget which meant cutting staff and services. Ultimately those who will be affected are the uninsured population as it is not fully funded. They are finalizing the budget with board approval. Through the partnership with the C4MH and WMMHC they are gathering the data from the outcomes measures and how it impacts client service and outcomes. One of the cases that stood out was an in-home case. The consultant demonstrated how the scales were pivotal in movement within the family. She talked about the various services that were in that family that had no outcomes. The process meant they were able to look at collaboration and outcomes that they would like to see. Last year Bozeman used over \$700,000 in MHSP funds that were not reimbursed in full. They are the largest user as a result of their populations. Tom talked about the adding of major depressive disorder to the Medicaid waiver.

C4MH: Jodi reported that Helena now has open access up and running in the Helena office. Last two weeks they have had 36 people served immediately. The expansion of Center West is to offer additional group home and transitional living beds. The Center will be closing Langel House group home in Great Falls. Langel House is an old building with too many maintenance needs. The decision was made by evaluating facilities and the cost of operation. The Center will be identifying residents with ranch style living for the aged population they have been serving for years.

Hospital/St. Peter's update: No report

Peer Task Force: No report.

MHOAHC report: Deb reported that the application for the block grant is due on September 1st. Deb explained that they ended up having to do some shuffling on the application to reflect the priorities as identified by this board during the MHOAC summit. They are looking at funding these general areas: Transition for youth, and forensic services. The grant will continue to support the uninsured, crisis services, client level data and outcomes. Supported employment is one priority; however the block grant specifies specific Evidenced Based Practice (EBP) guidelines around projects funded. Any funding in that area will need to meet the guidelines. Tom asked about funds for peer support. Deb

reported on the MH trust grant to support peer services which will not come out until October. Tom asked AMDD to see how they could support peer services in spite of the MH block grant plan that has limited funding for peer services. Public notice will announce the RFP's which will be posted in August with about a 30 day window turn around. The division was granted \$847,000 for projects. The legislation was clear in the areas they wanted to fund; jail diversion and crisis intervention. HRSA will fund some upgrades in tele- medicine. The grant funds will be moved to office for the advancement of telemedicine. There is much I.T. built into the records to serve veterans. We have some new partners in the proposal. If funded, it will put tele-medicine state wide, especially community health centers specific to benefit veterans. This web site would provide "one-stop shopping" for veterans and their families to assist families in accessing resources. The Network of Care is a nation wide platform to provide information on behavioral health. We are the 8th state to create a behavioral health web sight for veterans and their families. You can search for services by providers, areas and it is user friendly. For example you can look up assisted devices; they are listed and can be search for. The SAA tool kit is coming out for reports. AMDD is working on a calendar web site for upcoming available training. The Department sponsored training events are: NAMI, court services, C.I.T, mental health first aide, etc. The web site could be helpful for LAC's and SAA's to find the information on waivers, RFP's, etc. DPHHS will be going through an I.T. overhaul.

V. COMMITTEES:

Nominating Committee Update:

Andrea asked for discussion on continuing with "committees" during board meetings as well as clarifying the purpose of committees. Mike stated that he has struggled to see the committees as productive; Tom suggested a new committee structure; The committees would be broken up by areas. He proposed that committees from 11:00 to lunch and give reports at 1 pm. Tom suggested the committees would list the priorities, needs and gaps in services and assets. After listing assets you have the beginning of strategic plans for the CSAA. The committee would develop the resource list to be kept up to date. Committees could be responsible for the budgets and discuss what they could do to keep the budget costs down. This method could de-centralize the process. There was a discussion of meeting in committee prior to board meetings. Alicia developed a Google document for committee reports. We all have access to it on the CSAA web sight. The password is: mental health. It has not been touched since 2011.

John talked about the legislative bill that funds the study of institutions and how the SAA's have the opportunity to do something with that data and work with AMDD for policy change. John is concerned about the lack of funding for community mental health and that our lack of committees may lose focus on the big community items that we could potentially have an impact on in the SAA's. Lenore talked about her concern of the many needs of the SAA's and how do we make use of our time. Mike motioned that we continue committee meetings. Brian seconded the motion. A vote was taken, the "I's carried the motion with one abstaining. Lenore explained that she abstained for the purpose of not believing she would have a committee. Mike suggested that the regional committees complete the needs assessment prior to the meeting. Andrea asked if there was a motion on the structure of the committees by regions. Andrea will add the committee to the agenda following the general business.

VI. Adjournment: Andrea adjourned the meeting at 3:00 p.m.

UPCOMING 2012 DATES TO REMEMBER:

Upcoming CSAA Board meeting dates:

All meetings held at TRW Building, 2401 Colonial Drive, 2nd floor conference room unless otherwise stated. TBA = to be announced.

- July 26, 2013
- August 23, 2013
- September 27, 2013
- October 25, 2013
- November 22, 2013
- December 13, 2013
- January 24, 2014
- February 28, 2014
- March 28, 2014
- April 5, 2014 –Congress
- May 23, 2014
- June 27, 2014

Contractual Obligations:

- ✓ Annual Report due August 1, 2013
- ✓ SAA's Combined Biennial Report due October 31, 2014