



Central Service Area Authority Annual Report FY 2011

The Central Service Area Authority (CSAA) is a non-profit corporation of the State of Montana. The central area is defined by the Montana Department of Public Health and Human Services, and includes the counties of Blain, Broadwater, Cascade, Choteau, Gallatin, Glacier, Havre Hill, Jefferson, Lewis & Clark, Liberty, Meagher, Pondera, Teton, Toole, and the reservation at Fort Belknap.

Within our area there are 6 Local Advisory Councils (LAC); Cascade, Fort Belknap, Gallatin, Havre Hill, Lewis & Clark, and Park.

Central Service Area Authority Mission Statement

The Central Service Area Authority (CSAA) was established by State statute to collaborate with the Department of Public Health and Human Services (DPHHS) and Local Advisory Councils (LACs) in the planning, implementation and evaluation of a consumer-driven, recovery-oriented and culturally competent public mental health care system. Our mission is to assure that consumers, their families, and other interested community stakeholders have a strong voice in defining, developing, managing and monitoring public mental health care delivery in Montana, with a focus on the Central region of the state. The primary objective is to ensure that consumer's needs and preferences are at the center of the services provided.

Objectives of the Central Service Area Authority

Insure that care provided to individuals with mental disabilities in Central Montana is:

Consumer-Driven, so that consumers' needs and preferences significantly influence the services provided, and so that consumers have some choice regarding their services and providers.

Family-Centered, thereby insuring that consumers and their families assume greater leadership in the public mental health care system (for instance, have a stronger voice in managing funding of services, treatments and support system.)

Clinically Effective and Evidence Based, in order to enhance accountability, ensure a continuum of care and promote "best practices."

Fiscally Responsible, to ensure the most efficient use of resources possible, given the budget constraints for each service region and the state as a whole.

Recovery-Oriented, that is, focused on meeting basic needs, enhancing coping skills, facilitating recovery, promoting independence and building resilience.

Locally-Informed, that is, reflective of and responsive to the needs, exigencies and solutions identified by significant stakeholders from the communities in which it is delivered.

Well-Coordinated, when necessary or appropriate, to be coordinated with what is provided in the other areas of the state.

Below are some of the action items that the Central Service Authority participated in or funded place in fiscal year 2011:

- Provided funds to Andrea Lower, Gallatin County Office of Court Services, to attend a Jail Diversion program in San Diego.
- Funded all LAC's an equal amount at the end of our fiscal year.
- Hosted our annual Congress & June Board meeting on 7/11/11.
- Added 9 new Board Members at the Congress.
- Elected a new slate of officers.
- Joan Nell McFadden presented on the Nominations process.
- Alicia Smith presented on Animals in Mental Health Recovery.
- Anita Roesseman presented how to prepare for the Legislative session and on Psychiatric Advanced Directives.
- A number of Board members spoke at the budget hearing for AMDD.
- A decision was made to move meeting location, resulting in a savings of \$900.
- We have conversations at every meeting amongst LAC's, Providers, Family Members, Consumers and representatives from AMDD of the DPHHS. This works to create a community, among a broad group of people, who otherwise might not together. By reporting on what

we're doing, and learning from others what's happening in their communities, we are able to enlarge the conversation around mental health in our Central Service Area authority.

The CSAA decided to create committees and that committee work is essential to our success. Currently the CSAA has the following committees:

1. Peer Services
2. Crisis
3. Nominating
4. Executive

In FY2012 we will continue developing our committees and the work they do. We plan on having a number of speaker's to help educate the Board on various issues, as well as to hear comments and concerns directly from the Board. We hope to take our requirement for collaboration with the DPHSS to a higher level in the year to come.

We appreciate the input and guidance from DPHSS/AMDD and hope to collaborate to a greater degree in the years to come.

Respectfully submitted,

Alicia Smith, President CSAA